

FLOW METALS CORP.

FILED ON SEDAR

May 13, 2019

TO ALL REGULATORS

RE: Flow Metals Corp. (the "Issuer")
Notice of Meeting and Record Dates

We advise the following with respect to the Issuer's upcoming Meeting of Security Holders

1	Meeting Type	Annual General Meeting
2	Record Date for Notice of Meeting	June 7, 2019
3	Record Date for Voting (If Applicable)	June 7, 2019
4	Beneficial Ownership Determination Date	June 7, 2019
5	Meeting Date	July 12, 2019
6	Meeting Location	Vancouver, British Columbia
7	Voting Securities Details	
8	Description (Class)	Common
9	ISIN / CUSIP	CA34346Q1046 / 34346Q104
10	Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBO's)	NO
11	Issuer paying for delivery of Objecting Beneficial Owners (OBO's)	NO
12	Notice and Access	
	Beneficial Holders	NO
	Registered Holders	NO
13	Material Selection	Annual Meeting: All Materials

Yours Truly,

"Scott Sheldon"

Scott Sheldon, Director & CEO
Flow Metals Corp.