

FLOW METALS OPTIONS YUKON GOLD PROJECT

Vancouver, BC, April 1, 2019 – Flow Metals Corp. (“Flow Metals” or the “Company”) is pleased to announce it has signed an option agreement (the “Option Agreement”) with 3 Optionees, whereby Flow Metals has acquired an option to earn an undivided 100% interest in the prospective Sixty Mile property group located within west-central Yukon Territory, Canada, in the traditional territory of Tr'ondëk Hwëch'in First Nation (the “Sixty Mile Project”).

“Adding a drill ready project to our gold portfolio will give Flow Metals another solid gold prospect. Both of our Western Canadian projects, the New Brenda and now the Sixty Mile are road accessible and offer big potential in proven gold producing regions” said Flow Metals President Scott Sheldon.

About the Yukon

The Yukon has a rich gold history. The Klondike Gold Rush in the late 1890s gave the region instant fame with the discovery of Bonanza Creek. The region has been explored and mined consistently since. Sixty Mile is an active placer mining camp near the Alaska border about 70 km west of Dawson City.

In the past decade it has been shown that many placer gold plays in Yukon have a hard-rock source in close proximity. This represents the biggest paradigm shift in the region since the start of placer mining in the 1890s. The area surrounding the Sixty Mile Project has produced over 500,000 ounces of placer gold.

The Sixty Mile Project

Sixty Mile is an orogenic gold prospect hosted within the Mesozoic Finlayson Group with similar geology to the Jurassic Golden Saddle Deposit in the White Gold District. 160 Quartz Claims total 3132 Ha and cover 5 km of prospective strike length. The so-called Thrust Fault Zone was tested by 8 DDH (2,578m) in 2010-2011 by Rackla Metals Inc., the last company to run an active exploration program.

The Sixty Mile presents a data rich opportunity. Several exploration methods were used in 2010-2011, including geophysics, auger and diamond drilling, and geological mapping. Flow Metals intends to integrate all historical data sets into a geological model prior to initial field work.

The Option Agreement

The Option Agreement calls for Flow Metals to make total cash payments of \$120,000 and to issue 1,200,000 Common shares (“Shares”) staged over a 48-month period. The Option Agreement does not require Flow Metals to make any minimum amount of exploration expenditures.

Upon completion of the cash payments and Share issuances, Flow Metals will proceed as the 100% owner of the Sixty Mile Project subject to a 3% NSR royalty retained by the Optionees. A royalty agreement provides that 2% of the 3% NSR may be purchased from the Optionees for cash payments of 1 million per 1% at any time.

Qualified Persons

Adrian Smith, P.Geo., is the qualified person for the Company as defined in the National Instrument 43-101 and has reviewed the technical information presented within this news release.

About Flow Metals Corp.

Flow Metals is a Vancouver based gold exploration company. The Company develops exciting data rich gold projects with low capital requirements.

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Forward-Looking Information:

This press release may include “forward-looking information” (as that term is defined by Canadian securities legislation), concerning the Company’s business. Forward-looking information is based on certain key expectations and assumptions made by the Company’s management, including future plans for the exploration and development of its mineral properties. Although the Company believes that such expectations and assumptions are reasonable, investors should not rely unduly on such forward-looking information as the Company can give no assurance they will prove to be correct. Forward-looking statements in this press release are made as of the date of this press release. The Company disclaims any intent or obligation to publicly update any forward-looking information (whether as a result of new information, future events or results, or otherwise) other than as required by applicable securities laws.