



VIA SEDAR

March 1, 2022

TO ALL REGULATORS AND EXCHANGES

RE: ORION NUTRACEUTICALS INC. (the "Issuer")
Notice of Meeting and Record Date

We advise the following with respect to the Issuer's upcoming Meeting of Security Holders

Meeting Type	Annual General Meeting
Record Date for Notice of Meeting	March 28, 2022
Record Date for Voting (If Applicable)	March 28, 2022
Beneficial Ownership Determination Date	March 28, 2022
Meeting Date	May 2, 2022
Meeting Location	Suite 810 - 789 West Pender Street Vancouver, British Columbia V6C 1H2
Voting Securities Details	
Description (Class)	Common
ISIN / CUSIP	CA68629J2056 / 68629J205
Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBO's)	NO
Issuer paying for delivery of Objecting Beneficial Owners (OBO's)	NO
Notice and Access	
Beneficial Holders	NO
Registered Holders	NO
Material Selection	All Materials

* In light of public health advice in response to the Covid-19 outbreak, the board of directors of the Company requests that any shareholder interested in attending the Annual General Meeting to vote their shares in person, does so by joining the meeting by teleconference. Details regarding the teleconference will be provided in the Company's combined Notice and Information Circular to follow.

Yours Truly,
ORION NUTRACEUTICALS INC.

/s/ "Joel Dumaresq"
Joel Dumaresq
Chief Executive Officer