

Plant&Co. Appoints Robert Chalmers to Advisory Board

~ Plant&Co. eyes U.S. expansion with Chalmers' guidance and support ~

Toronto, Ontario – January 13, 2021 – Plant&Co. Brands Ltd. (CSE: VEGN) (FSE: VGP) (OTCPK: VGANF) ("Plant&Co." or the "Company"), is pleased to announce the welcomed addition to its advisory board with the immediate appointment of Mr. Robert Chalmers.

Mr. Chalmers has worked in the Canadian capital markets for over 20 years primarily in investment banking. He started his career in investment banking at Sprott Securities Inc. and spent time at Canaccord and Macquarie before venturing out on his own. Mr. Chalmers has significant experience advising emerging and mid-market companies navigating their way through the public markets for the first time. His expertise is in constructing syndicates, structuring capital raises and advising companies on creative M&A transactions.

"Robert is an important addition to our talented and entrepreneurial team as we focus on establishing a beachhead position in the US plant-based food sector," said Shawn Moniz, CEO of Plant&Co. "Robert has an impressive track record in the capital markets and M&A space, and most recently forged into the plant-based food industry in the US-based markets. We welcome Robert into the Plant&Co. family and look forward to leveraging his expertise as we grow the Company and achieve our milestones of growth. It is an exciting time at Plant&Co. and we strive to continue building up an industry-recognized and capital markets-enabled advisory team."

About Plant&Co. Brands Ltd.

Plant&Co. Brands (CSE: VEGN) (FSE: VGP) (OTCPK: VGANF) is modern health and wellness company curating delicious plant-based foods.

For additional information, please contact: ir@eurolifebrands.com or visit EuroLifeBrands.com

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All statements in this press release, other than statements of historical fact, are "forward-looking information" with respect to the Company within the meaning of applicable securities laws. Forward-looking information is frequently characterized by words such as "plan", "expect", "project", "intend", "believe", "anticipate", "estimate" and other similar words, or statements that certain events or conditions "may" or "will" occur. Forward-looking statements are based on the opinions and estimates at the date the statements are made, and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those anticipated in the forward-looking statements including, but not limited to delays or uncertainties with regulatory approvals, including that of the CSE. There are uncertainties inherent in forward-looking information, including factors beyond the Company's control. There are no assurances that the business plans for Plant&Co. Brands described in this news release will come into effect on the terms or time frame described herein. The Company undertakes no obligation to update forward-looking information if circumstances or



management's estimates or opinions should change except as required by law. The reader is cautioned not to place undue reliance on forward-looking statements. For a description of the risks and uncertainties facing the Company and its business and affairs, readers should refer to the Company's Management's Discussion and Analysis and other disclosure filings with Canadian securities regulators, which are posted on www.sedar.com.