



CAPTIVA VERDE

NEWS RELEASE

CAPTIVA VERDE WELLNESS CORP. ANNOUNCES GRANTING OF STOCK OPTIONS

Coquitlam, British Columbia (July 13th, 2022) – **Captive Verde Wellness Corp.** (CSE: PWR) (OTC: CPIVF) (the “**Company or Captiva**”) announces that it has granted an aggregate of 12,000,000 incentive stock options (the "Options") to certain directors, officers and consultants of the Company pursuant to the Company's previously approved Stock Option Plan.

The Options are exercisable at a price of \$0.04 per share for a period of 3 years.

On Behalf of the Board of Directors

“Jeff Ciachurski”

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Chief Executive Officer and Director
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Cautionary Note Regarding Forward Looking Information

This release includes certain statements that may be deemed “forward-looking statements”. All statements in this release, other than statements of historical facts, that address events or developments that the Company expects to occur, are forward-looking statements. Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by the words “expects”, “plans”, “anticipates”, “believes”, “intends”, “estimates”, “projects”, “potential” and similar expressions, or that events or conditions “will”, “would”, “may”, “could” or “should” occur. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in the forward-looking statements. Factors that could cause the actual results to differ materially from those in forward-looking statements include regulatory actions, market prices, and continued

availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. Forward-looking statements are based on the beliefs, estimates and opinions of the Company's management on the date the statements are made. Except as required by applicable securities laws, the Company undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates or opinions, or other factors, should change.