

Four Nines Gold Inc. Announces Appointment of Director

Vancouver, B.C. May 29, 2019 - Four Nines Gold Inc. (the "Company" or "Four Nines") (FNAU:CSE) announces the following changes to the Board of Directors.

Changes to the Board of Directors:

Charles Ross is hereby appointed to act as a Director, President and Chief Executive Officer of the Company as of May 27, 2019. Mr. Ross has more than 25 years experience in the international resource sector, much of it focused on senior project and financial management. He has served as a director, president, and chief financial officer of numerous public resource companies and has extensive experience in corporate finance and public company administration.

James Mustard has resigned as the President and Chief Executive Officer effective March 12, 2019 but will remain a Director of the Company.

Casey Forward, a founding Director of Four Nines announced his retirement in February 2019 and has formally resigned as a Director of the Company.

The Company thanks James and Casey for their contribution and outstanding service over the years as founding Directors of Four Nines. Their guidance and contribution were instrumental in the formation of the Company and we wish them all the best in the future.

On behalf of the board,

"Geoff Balderson"

For further information, please contact:

Geoff Balderson, gbalderson@shaw.ca, telephone 604.602.0001

Cautionary Statement Regarding "Forward-Looking" Information.

This news release includes certain statements that constitute "forward-looking information" within the meaning of applicable securities law, including without limitation, statements that address the Mariposa property, comments regarding the timing and content of upcoming work programs, geological interpretations, costs and timing of future exploration and development, requirements for additional capital, other statements relating to the financial and business prospects of the Company.

Except for historical information contained herein, this news release contains forward-looking statements that involve risks and uncertainties. Actual results may differ materially. Except as required pursuant to applicable securities laws, the Company will not update these forward-looking statements to reflect events or circumstances after the date hereof. More detailed information about potential factors that could affect financial results is included in the documents filed from time to time with the Canadian securities regulatory authorities by the Company. Readers are cautioned not to place undue reliance on forward looking statements

Neither the Canadian Securities Exchange nor its regulation services provider accepts responsibility for the adequacy or accuracy of this news release.