# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

### FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): February 8, 2022

## Stem Holdings, Inc.

(Exact Name of Registrant as Specified in its Charter)

Nevada	000-55751	61-1794883
(State or Other Jurisdiction	(Commission	(I.R.S. Employer
of Incorporation)	File No.)	Identification No.)
2201 NW Corporate B	lvd, Suite 205	
Boca Raton, FL 33431		33431
(Address of Principal Executive Offices)		(Zip Code)
C C	elephone number, including area code: es registered pursuant to Section 12(b)	
Title of each class	Trading Symbol	Name of exchange on which registered
Common Stock par value \$0.001	STMH	OTCQX
Check the appropriate box below if the Form 8-K fil following provisions (see General Instruction A.2. be		fy the filing obligation of the registrant under any of the
□ Written communications pursuant to Rule 425 u	nder the Securities Act (17 CFR 230.42	25)
□ Soliciting material pursuant to Rule 14a-12 under	er the Exchange Act (17 CFR 240.14a-	12)
Pre-commencement communications pursuant to	o Rule 14d-2(b) under the Exchange A	ct (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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# Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements with Certain Officers

On February 8, 2022, Dennis Suskind submitted his resignation as a director of the Company, with immediate effect. Mr. Suskind submitted his resignation to pursue other interests. The Company's Board has accepted the resignation. At this time, the Company is not actively seeking a replacement on the Board for Mr. Suskind.

#### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

None.

### SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### Stem Holdings, Inc.

By: /s/ Steven Hubbard

Name:Steven HubbardTitle:Interim President

Dated: February 10, 2022