UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): January 17, 2020

Stem Holdings, Inc. (Exact Name of Registrant as Specified in its Charter)

Nevada	000-55751	61-1794883
(State or Other Jurisdiction	(Commission	(I.R.S. Employer
of Incorporation)	File No.)	Identification No.)
2201 NW Corporate Blvd., Suite 205, Boca Raton, FL		33431
(Address of Principal Executive Offices)		(Zip Code)
Registrant	's telephone number, including area	code: (561) 237-2931
Securities Registered Pursuant to Section 12(b) of	the Exchange Act:	
Title of Each Class	Trading Symbol	Name of Each Exchange on Which Registered
Common Stock par value \$0.0001	STMH	OTCQX
Check the appropriate box below if the Form 8-K f following provisions (see General Instruction A.2.	•	satisfy the filing obligation of the registrant under any of the
[] Written communications pursuant to Rule 425	under the Securities Act (17 CFR 23	0.425)
[] Soliciting material pursuant to Rule 14a-12 und	der the Exchange Act (17 CFR 240.14	4a-12)
[] Pre-commencement communications pursuant	to Rule 14d-2(b) under the Exchang	e Act (17 CFR 240.14d-2(b))
[] Pre-commencement communications pursuant	to Rule 13e-4(c) under the Exchange	e Act (17 CFR 240.13e-4(c))

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Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements with Certain Officers

Effective January 17, 2020. Jessica Michelle Feingold resigned as a member of the Company's Board of Directors in order to pursue other interests. The Company concurrently accepted Ms. Feingold's resignation. While the Company will not immediately appoint a successor director, Dennis A. Suskind, former General Partner for Goldman Sachs & Co. LLC, will join Stem's Board of Directors effective during the first calendar quarter of 2020. Suskind had previously joined Stem's Advisory Committee in May 2019 and has strongly contributed to the Company's ongoing growth and strategic planning initiatives. The Company will file a Current Report on Form 8-K at the time Mr. Suskind's appoint is confirmed by the Company's Board of Directors which will include his biography.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

None.

SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Stem Holdings, Inc.

By:/s/ Adam BerkName:Adam BerkTitle:PresidentDated:January 21, 2020

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