



TGOD Enters German CBD Market, Inks Distribution Agreement with Mediakos

TORONTO, May 13, 2019 -- The Green Organic Dutchman Holdings Ltd. (TGOD) (TSX: TGOD) (US: TGODF) is pleased to announce that its wholly owned subsidiary, HemPoland, has entered into an agreement with Mediakos UG haftungsbeschaenkt (Mediakos) to be the exclusive distributor of CannabiGold, its premium hemp CBD brand, for the German pharmacy market.

Mediakos UG spun out of Aponeo.de, a leading German online pharmacy, and is managed by a team of seasoned industry executives with demonstrated expertise in marketing and distribution of health and wellness products. It currently distributes a broad portfolio of products to a network of more than 15,000 pharmacies and can capitalize on over 10 million customers.

“With a population of over 82 million, Germany plays a pivotal role in TGOD’s international expansion strategy,” commented Brian Athaide, CEO of TGOD. “We are thrilled to be working with Mediakos’ experienced team as we continue to solidify CannabiGold’s position as a leading brand within the European market.”

HemPoland’s CannabiGold products are now available in pharmacies across Germany as well as through their respective e-commerce platforms, including Germany’s ten largest online pharmacies.

“With CBD quickly gaining popularity in Germany, we are proud to be partnering with TGOD’s HemPoland as the exclusive distributor of their CannabiGold brand for the German pharmacy market,” stated Nikolas Primbas, CEO of Mediakos UG haftungsbeschränkt. “Their recent organic certification is an important point of differentiation which will resonate with German consumers.”

On Behalf of the Board of Directors,
The Green Organic Dutchman Holdings Ltd.

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About The Green Organic Dutchman Holdings Ltd.

The Green Organic Dutchman Holdings Ltd. (TSX: TGOD) (US: TGODF) is a publicly traded, premium global organic cannabis company, with operations focused on medical cannabis markets in Canada, Europe, the Caribbean and Latin America, as well as the Canadian adult-use market. TGOD also has organic hemp CBD oil operations in Canada, and through its wholly owned subsidiary HemPoland distributes premium hemp CBD oil in the EU. The Company grows high quality, organic cannabis with sustainable, all-natural principles. TGOD's products are laboratory tested to ensure patients have access to a standardized, safe and consistent product. TGOD has a planned capacity of 219,000 kgs and is building 1,643,600 sq. ft. of cultivation and processing facilities across Ontario, Quebec, Jamaica and Denmark.

TGOD's Common Shares and warrants issued under the indenture dated November 1, 2017 trade on the TSX under the symbol "TGOD" and "TGOD.WT", respectively.

For more information on The Green Organic Dutchman Holdings Ltd., please visit www.tgod.ca.

About Mediakos

Mediakos UG haftungsbeschränkt is a leading pharmaceutical distributor based in Germany that specializes in developing, registering, fulfilling, marketing, and positioning health related products and brands within the German pharmacy market. With its vast network and solid expertise, Mediakos has strong relationships and partnerships with some of Europe's largest online pharmacies, as well as large distributors and wholesalers. It can capitalize on more than 10 million customers and 15,000 pharmacies.

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Forward-Looking Information Cautionary Statement

This news release includes statements containing certain "forward-looking information" within the meaning of applicable securities law ("forward-looking statements"). Forward looking statements in this release includes, but is not limited to, statements about future distribution agreements, statements about distribution of Company products in Germany, statements about the achievement of certain certifications in connection with its facilities, statements about the receipt of any regulatory permits or licences, statements about the offering of any particular products by the Company in any jurisdiction and statements regarding the future performance of

the Company. Forward-looking statements are frequently characterized by words such as "plan", "continue", "expect", "project", "intend", "believe", "anticipate", "estimate", "may", "will", "potential", "proposed" and other similar words, or statements that certain events or conditions "may" or "will" occur. These statements are only predictions. Various assumptions were used in drawing the conclusions or making the projections contained in the forward-looking statements throughout this news release. Forward-looking statements are based on the opinions and estimates of management at the date the statements are made and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those projected in the forward-looking statements. The Company is under no obligation, and expressly disclaims any intention or obligation, to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable law.

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