IRVING RESOURCES INC.

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NEWS RELEASE

Irving Resources Receives Approval of Prospecting Applications at its Omu Gold Project, Japan

Vancouver, British Columbia – (Globe Newswire – May 29, 2018) – Irving Resources Inc. (CSE:IRV) ("Irving" or the "Company") is pleased to announce that its wholly-owned subsidiary, Irving Resources Japan GK, has recently received approval of nine prospecting licenses from the Ministry of Economy, Trade and Industry ("METI"), Hokkaiko Bureau at its Omu Gold Project, Japan. These nine licenses were submitted for expedited approval and cover critical areas around Irving's Omui Mining License and the Omu sinter, the Company's highest priority exploration targets at its 100% controlled Omu Gold Project Hokkaido, Japan. They were granted with support from the town of Omu.

Once these nine prospecting licenses have been registered, the Company will submit exploration plans, including proposed drilling, for approval. A draft of the separate mining and exploration plan has already been submitted for planned work including drilling, trenching and bulk sampling on Irving's Omui Mining License. Irving anticipates commencement of advanced exploration as soon as either or both of these approvals have been received.

Magnetic Survey at Omu

In mid 2017, Mitsui Mineral Development Engineering Co., Ltd. (MINDECO) developed a drone-based system, the first ever in Japan, capable of collecting detailed magnetic data at low altitude for Omu Gold Project. While waiting on exploration plan approvals, Irving is conducting addition drone-based magnetic surveys at Omu to expand upon findings from last year (*please refer to Irving's news release dated January 22, 2018 for further details*). A new magnetic survey is being conducted between the Omu sinter, where a well-defined structurally controlled magnetic anomaly was identified, and the Omui mine. Gravity data indicates these two mineralized areas are connected by a deep-rooted fault system and that further mineralization may be present between the two areas. Irving hopes to demonstrate this connection by way of its new magnetic survey.

Quinton Hennigh (Ph.D., P.Geo.) is the Qualified Person pursuant to National Instrument 43-101 responsible for, and having reviewed and approved, the technical information contained in this news release. Dr. Hennigh is a technical advisor and director of Irving Resources Inc.

About Irving Resources Inc.:

Irving is a junior exploration company with a focus on gold in Japan. Irving also holds, through a subsidiary, Project Venture Agreements with Japan Oil, Gas and Metals National Corporation (JOGMEC) for joint regional exploration programs in the United Republic of Tanzania, the Republic of Malawi and the Republic of Madagascar. JOGMEC is a government organization established under the law of Japan, administrated by the Ministry of Economy, Trade and Industry of Japan, and is responsible for stable supply of various resources to Japan through the discovery of sizable economic deposits of base, precious and rare metals.

Additional information can be found on the Company's website: www.IRVresources.com.

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