Montego Resources Inc.

Suite 800, 1199 West Hastings Street, Vancouver, BC, V6E 3T5 T 604-283-1722 F 888-241-5996

MONTEGO MANAGEMENT RESIGNATIONS

Vancouver, B.C. – February 05, 2019 – Montego Resources Inc. (the "Company" or "Montego") (CSE: MY) (FRA: 4MO1) announces that William Cronk has resigned from the Board of Directors and Larry Segerstrom has resigned as Vice President Exploration, effective immediately. The company would like to thank them for their services and wishes them well in their future endeavours.

ON BEHALF OF THE BOARD OF MONTEGO RESOURCES INC.

"Adam Cegielski" Chief Executive Officer

NEITHER THE CANADIAN SECURITIES EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEWS RELEASE.

This press release includes "forward-looking statements" including forecasts, estimates, expectations and objectives for future operations that are subject to a number of assumptions, risks and uncertainties, many of which are beyond the control of the Company. Investors are cautioned that any such statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. Such forward-looking information represents management's best judgment based on information currently available. No forward-looking statement can be guaranteed and actual future results may vary materially. The Company does not assume the obligation to update any forward-looking statement, except as required by applicable law.