Montego Resources Inc.

Suite 800 - 1199 West Hastings Street, Vancouver, BC, V6E 3T5 T 604-283-1722 F 888-241-5996

MONTEGO RESOURCES APPOINTS ADAM CEGIELSKI TO THE BOARD

Vancouver, B.C. – September 1, 2018 – **Montego Resources Inc. (CSE: MY) (FRA: 4MO1)** (the "Company" or "Montego") is pleased to announce it has appointed Adam Cegielski to its Board of Directors.

Mr. Cegielski commented "It is with great excitement and pleasure I join the board of directors of Montego, I couldn't ask for more in regards to such a dedicated, passionate and experienced group. We have a great portfolio of properties and will continue to evaluate high quality upside potential acquisitions opportunities in Nevada and throughout the United States, meanwhile reporting further developments on our current assets."

Prior to his appointment, Mr. Cegielski was a founder and director of Cayden Resources. After listing Vistech Capital Corp as a Capital Pool Company on the TSX Venture Exchange, the Company became Cayden Resources Corp (TSX.V-CYD). Mr. Cegielski was part of a world class team that had raised over \$50M, and subsequently sold 100% of the issued and outstanding shares of the company to Agnico Eagle Mines Ltd. for \$205M.

"By adding Mr Cegielski to the team in conjunction with the recent addition of Mr Segerstrom, I feel we have built a strong team that can not only execute corporately but as well operationally. With past successful experiences of Cayden and Paramount I'm very eager to see the future direction of the Company considering the depth of experience in identifying quality assets and seeing them through acquisition." States Bill Cronk.

Mr. Cegielski will also be appointed as interim CEO replacing Ken Tollstam who has resigned from the Board and as the Company's CEO. The Company would like to thank Mr. Tollstam for his support and guidance over the years, and wishes him well in his future endeavours.

About Montego Resources Inc.

Montego Resources Inc. is a Canadian listed mineral explorer (CSE:MY). Montego's flagship property is the Taylor Silver Project located 16 miles southeast of Ely Nevada. The Taylor Project is an advanced stage silver-gold target located southeast of Ely, Nevada with access from a maintained mine road. Mineralization there is a Carlin style, bulk silver-gold epithermal, high-silica, low sulfide replacement deposit in flat-lying Devonian-age silty carbonate rocks. The land package is comprised of 131 unpatented lode claims, 5 unpatented mill site claims and 4 patented claims all covering approximately 2,166 acres. Historic work includes high grade silver from underground mining in the 1890's and open pit bulk mining in silver rich Jasperoids from 1981-84 and an expanded mill and flotation circuit operated from 1989-91.

ON BEHALF OF THE BOARD OF MONTEGO RESOURCES INC.

"William Cronk" Director NEITHER THE CANADIAN SECURITIES EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEWS RELEASE.

This press release includes "forward-looking statements" including forecasts, estimates, expectations and objectives for future operations that are subject to a number of assumptions, risks and uncertainties, many of which are beyond the control of the Company. Investors are cautioned that any such statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. Such forward-looking information represents management's best judgment based on information currently available. No forward-looking statement can be guaranteed and actual future results may vary materially. The Company does not assume the obligation to update any forward-looking statement, except as required by applicable law.