

Montego Resources Inc.

Suite 200, 551 Howe Street, Vancouver, BC, V6C 2C2

T 604-683-8610

F 604-683-8605

Montego Grants Options

Vancouver, B.C. – September 8, 2016 – **Montego Resources Inc. (CSE: MY)** (the “Company” or “Montego”) is pleased to announce that it has granted options 2,500,000 options to directors, officers and consultants at an exercise price of \$0.14. The options will expire three years from date of grant.

ON BEHALF OF THE BOARD OF MONTEGO RESOURCES INC.

“Robert Coltura”
President and CEO

NEITHER THE CANADIAN SECURITIES EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEWS RELEASE.

This press release includes “forward-looking statements” including forecasts, estimates, expectations and objectives for future operations that are subject to a number of assumptions, risks and uncertainties, many of which are beyond the control of Montego Resources Inc. Investors are cautioned that any such statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. Such forward-looking information represents management’s best judgment based on information currently available. No forward-looking statement can be guaranteed and actual future results may vary materially. Montego Resources Inc. does not assume the obligation to update any forward-looking statement, except as required by applicable law.