Montego Resources Inc.

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Montego Announces Appointment of Tollstam as CEO

Vancouver, B.C. – October 6, 2016 – **Montego Resources Inc. (CSE: MY)** (the "Company" or "Montego") is pleased to announce that it has appointed Kenneth Tollstam as CEO and director of Montego.

Mr. Tollstam will be replacing Robert Coltura as the CEO of the company who has resigned from the board to pursue other opportunities. The Company thanks Mr. Coltura for his time and effort as a director and CEO and wishes him well in his future endeavors.

Mr. Tollstam has spent a number of years at Deloitte Touche, where he obtained his CA before going on to hold various executive management and director of finance positions throughout his career. Currently Mr. Tollstam serves as director of several private and publicly traded companies.

ON BEHALF OF THE BOARD OF MONTEGO RESOURCES INC.

"Kenneth Tollstam" CEO and Director

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