

Montego Resources Inc.

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Montego Announces Cronk and Dufresne to the Board.

Vancouver, B.C. – September 14, 2016 – **Montego Resources Inc. (CSE: MY)** (the “Company” or “Montego”) is pleased to announce that Bill Cronk and Michael Dufresne have joined the board of Montego.

Bill Cronk, P.Geo., has over 25 years of experience as a geologist and manager of exploration programs for precious metals, base metals, and uranium deposits. Bill has worked in Africa, Europe, North and South America; with more than 11 years of combined exploration experience in Alaska and the Canadian Arctic. Bill's level of expertise ranges from grass roots reconnaissance right up to advanced stage and pre-feasibility work. While working for companies such as Dundee Precious Metals, Placer Dome, BHP and Noranda Inc., Bill gained valuable management experience with business development, project generation, program design, budget implementation, project management, and corporate and government compliance. Bills hands on experience includes exploration for Au, Cu, Cu-Ni-PGE, Zn, Zn-Ag and U. In a previous role as an exploration manager for Homeland Uranium, Bill's primary goals centered on uranium exploration in Niger's "Tim Merso Basin", and project development of rhyolite hosted uranium in Peru's "Macusani Plateau". Most recently Bill was part of the exploration team at Kivalliq Energy which developed the Lac Cinquante Deposit into a world class Uranium resource of 43 million pounds at 0.69% U3O8.

Mr. Dufresne received his B.Sc. in Geology from the University of North Carolina at Wilmington in 1983 and his M.Sc. in Economic Geology from the University of Alberta in 1987. He is a registered Professional Geologist (P.Geol.) with the Association of Professional Engineers and Geoscientists of Alberta (APEGA) since 1989. Mr. Dufresne is the President and a principal of APEX Geoscience Ltd. He has worked as a consulting geologist for over 25 years conducting and directing exploration programs for junior and major exploration and mining companies encompassing a variety of commodities and deposit types including diamond, gold (placer and lode), base metal and industrial minerals in Alberta, British Columbia, Yukon, Nunavut, Quebec, the Northwest Territories (NWT) and internationally. Mr. Dufresne has authored numerous Technical Reports for public companies for early to advanced exploration stage projects including resource work for a variety of commodities and deposit types. He has additionally published extensively on the mineral potential of Alberta, as well as the Yukon and Northwest Territories and was first author of "Diamond Potential of Alberta" Alberta Geological Survey Bulletin 63. Mr. Dufresne was personally involved with and part of the exploration teams responsible for the discovery of the George Lake – Goose Lake gold deposits, Nunavut, the Three Bluffs gold deposit, Nunavut, and the Perseverance gold deposit, which was recently in production, in the Coolgardie area of Western Australia

The Company also announces Mr. Steve Butrenchuk has resigned from the board. The Company thanks Mr. Butrenchuk for his time and efforts during the duration as a director and wishes him well in future endeavours.

ON BEHALF OF THE BOARD OF MONTEGO RESOURCES INC.

“Robert Coltura”

President and CEO

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