



NIRVANA

LIFE SCIENCES INC.

DIRECTOR RESIGNATION

VANCOUVER, B.C. February 21, 2023 - Nirvana Life Sciences Inc., (CSE:NIRV) ("Nirvana" or the "Company") a Canadian based life sciences company aimed at developing non-addictive chronic pain and addiction treatment products announces that Mr. Chris Hoffmeister has resigned from the Company's Board of Directors. The Company thanks Mr. Hoffmeister for his service over the last 4 years.

About Nirvana Life Sciences

Nirvana Life Sciences Inc. (CSE:NIRV) is an innovator in the emerging Psychedelic space. At Nirvana, we believe that psilocibin derived medicines can play a leading role in reducing the impacts of the opioids crisis and build healthier communities. For more information visit <https://nirvanalifescience.com/>

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The Canadian Securities Exchange has neither approved nor disapproved the contents of this news release and accepts no responsibility for the adequacy or accuracy hereof.