

LeanLife Health Inc.

380-580 Hornby Street Vancouver, BC, V6C 3P6

NEWS RELEASE

LEANLIFE ANNOUNCES SHARES FOR DEBT SETTLEMENT

VANCOUVER, British Columbia, September 8, 2020: <u>LeanLife Health Inc.</u> (CSE: LLP; OTCQB: LNLHF; FSE: LL1) (the "Company" or "LeanLife") a company focused on proprietary plant-based food products is pleased to announce that it has entered into a debt settlement agreement (the "Settlement Agreement") with a creditor (the "Creditor") to settle an aggregate of C\$140,000 in debt for services provided by the Creditor to the Company by the issuance of an aggregate of 2,00,000 Common Shares at a deemed price of C\$0.07 per share.

The issuance of the Common Shares as set out in the above transactions are subject to approval of the Canadian Securities Exchange. All Common Shares issued in connection with the Settlement Agreement and Shares for Services will be subject to a four month hold period under applicable Canadian securities laws.

For more information, please contact:

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