

LeanLife Health Inc.

380-580 Hornby Street Vancouver, BC, V6C 3P6

NEWS RELEASE

Lean Life Health Inc Late Filing of Annual Financial Statements and Cease Trade Order

VANCOUVER, British Columbia, August 12, 2021: <u>LeanLife Health Inc.</u> (CSE: LLP; FSE: LL1; OTC Markets: LHLNF) (the "Company"), announced that a cease trade order has been issued against the Company as a result of delays in completion of its audit, the Company failed to file its annual financial statements and accompanying management's discussion and analysis for the fiscal year ended March 31, 2021 (the "Annual Filings") by July 29, 2021, being the date that such filings are due under applicable Canadian securities law requirements.

The Company currently expects to file the Annual Filings on or before August 20, 2021 and will issue a news release annuancing completion of such filings at such time. Revocation of the cease trade order is expected to occur within a couple of days following the filing of its Annual Filings.

For more information, please contact:

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Forward Looking Information

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions, and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control including, the Company's ability to compete with large food companies; sales of any potential products developed will be profitable; the ability to complete sales under the sales agreement. Accordingly, actual, and future events, conditions and results may differ materially from the estimates, beliefs, intentions, and expectations expressed or implied in the forward-looking information. Except as required under applicable securities legislation, the Company undertakes no obligation to publicly update or revise forward-looking information.

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