PlantFuel Announces Resignation of Director

Mississauga, Ontario – Newswire – March 6, 2023 – PlantFuel Life Inc. (CSE:FUEL) (OTC:PLFLF) (FSE:BR1B) ("PlantFuel" or the "Company") the scientifically focused plant-based wellness company, announces that Brian Cavanaugh has resigned as a director and Chair of the board of directors of the Company, effective March 4, 2023.

About PlantFuel Life Inc.

PlantFuel Life Inc is a scientifically focused, plant-based wellness company managed by successful entrepreneurs with extensive experience in the areas of consumer-packaged goods, manufacturing, logistics, and distribution. https://plantfuellife.com/

ON BEHALF OF THE BOARD

Brad Pyatt CEO

The Canadian Securities Exchange ("CSE") has neither approved nor disapproved the contents of this news release. Neither the CSE nor its Market Regulator (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.