PlantFuel Announces Director and Officer Changes

Mississauga, Ontario – Newswire – February 28, 2023 – PlantFuel Life Inc. (CSE:FUEL) (OTC:PLFLF) (FSE:BR1B) ("PlantFuel" or the "Company") the scientifically focused plant-based wellness company, announces that, further to the news release of February 14, 2023, Brad Pyatt, the CEO and a director of the Company, has been appointed as interim CFO of the Company. Additionally, the Company announces that Wally Rudensky has resigned as a director of the Company.

About PlantFuel Life Inc.

PlantFuel Life Inc is a scientifically focused, plant-based wellness company managed by successful entrepreneurs with extensive experience in the areas of consumer-packaged goods, manufacturing, logistics, and distribution. <u>https://plantfuellife.com/</u>

ON BEHALF OF THE BOARD

Brad Pyatt CEO

The Canadian Securities Exchange ("CSE") has neither approved nor disapproved the contents of this news release. Neither the CSE nor its Market Regulator (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.