PlantFuel Announces Director and Management Changes

Mississauga, Ontario – Newswire – November 1, 2022 – PlantFuel Life Inc. (CSE:FUEL) (OTCQB:PLFLF) (FSE:BR1B) ("PlantFuel" or the "Company") is pleased to announce the appointment George Scorsis as a member of the board of directors of the Company (the "Board") and appointment of Mark Miller as CFO and Corporate Secretary of the Company, effective immediately.

"We are excited to have both George and Mark join the organization with proven track records of building successful businesses in the CPG industries, and they will be instrumental in assisting the Company in its continuing efforts to drive growth and value creation," said Brad Pyatt, PlantFuel CEO.

Mr. Scorsis, with nearly 20 years of commercial experience in the consumer packaged goods (CPG), beverage and the cannabis industries. Mr. Scorsis currently serves on the board of directors of two publicly traded companies, and is widely recognized for building high-performing teams. As former CEO and director of Liberty Health Sciences, Mr. Scorsis led that company's expansion into the U.S.-medical cannabis market. He also served as the president of one of Canada's first public cannabis companies, Mettrum Health Corp., where he was instrumental in a successful exit valued at approximately \$430 million. Prior to joining the cannabis industry, Mr. Scorsis was General Manager of Red Bull Canada where he helped restructure that company geographically, increasing business revenues by \$150 million annually.

Mr. Miller has extensive experience in the consumer-packaged goods (CPG), construction, and oil and gas industries spanning over 20 years with several business that had over \$100m in annual revenues that include MusclePharm Corporation, and Corr-Jenson Inc.

To facilitate these appointments, Michael Lines has resigned as a director of the Company and Volodymyr (Vlad) Ivanov has resigned as CFO and Corporate Secretary of the Company, effective immediately. The Company wishes Mr. Lines and Mr. Ivanov all the best in their future endeavors.

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About PlantFuel Life Inc.

PlantFuel Life Inc is a scientifically focused, plant-based wellness company managed by successful entrepreneurs with extensive experience in the areas of consumer-packaged goods, manufacturing, logistics, and distribution. https://plantfuellife.com/

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