

PlantFuel Announces Expected Completion of Consolidation

Mississauga, Ontario / December 14, 2021 – PlantFuel Life Inc. (CSE: FUEL) (OTC: PLFLF) (FSE: BR1B) (“PlantFuel” or the “Company”) announces that further to its news release of December 3, 2021, it is proceeding with the consolidation (the “**Consolidation**”) on the basis of one (1) new common share (a “**Share**”) for every six (6) Shares held, effective December 24, 2021.

The Shares of the Company will begin trading on a consolidated basis on December 23, 2021. The new ISIN of the Company is CA72748Q2071 and CUSIP is 72748Q207.

Fractional Shares resulting from the Consolidation will be rounded up to the next higher whole number if the fraction is 0.5 or greater and rounded down to the next lower whole number if the fraction is less than 0.5.

For additional information contact:

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About PlantFuel Life Inc.

PlantFuel Life Inc is a scientifically focused plant-based wellness company managed by a group of successful entrepreneurs who have extensive experience in the areas of consumer-packaged goods, manufacturing, logistics, and distribution. FUEL is a CPG life science company focused on the plant-based foods and supplements industry. <https://plantfuel.com/>

The CSE has neither approved nor disapproved the contents of this news release. Neither the CSE nor its Regulation Services Provider (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.