PlantFuel Announces Consolidation

Mississauga, Ontario / December 3, 2021 – PlantFuel Life Inc. (CSE: FUEL) (OTC: PLFLF) (FSE: BR1B) ("PlantFuel" or the "Company") announces that it intends to complete a consolidation of its issued and outstanding common shares (the "Shares") on the basis of one (1) new Share for every six (6) Shares currently held. A new CUSIP and ISIN number will be issued.

Registered shareholders will receive a letter of transmittal from the Company's transfer agent, Computershare Investor Services Inc., with instructions for exchanging their pre-consolidated Shares. Shareholders who hold their Shares through a broker or other intermediary and do not have Shares registered in their name, will not need to complete a letter of transmittal.

For additional information contact:

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About PlantFuel Life Inc.

PlantFuel Life Inc is a scientifically focused plant-based wellness company managed by a group of successful entrepreneurs who have extensive experience in the areas of consumer-packaged goods, manufacturing, logistics, and distribution. FUEL is a CPG life science company focused on the plant-based foods and supplements industry. https://plantfuel.com/

The CSE has neither approved nor disapproved the contents of this news release. Neither the CSE nor its Regulation Services Provider (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.