Global Health Clinics Ltd.

400-837 West Hastings Street Vancouver, BC V6C 3N6 Tel: 1.855.537.6272

NOT FOR DISSEMINATION IN THE UNITED STATES

NEWS RELEASE

GLOBAL HEALTH CLINICS SIGNS AGREEMENT TO ACQUIRE HEART2HEART

Vancouver, BC, November 17, 2020 – Global Health Clinics Ltd. (CSE: MJRX / FRANKFURT: L002) ("Global Health" or the "Company") is pleased to announce that, further to its announcement on November 3, 2020, it has signed a definitive share purchase agreement (the "Agreement") with H2H (as defined below) and the shareholders of H2H to acquire all of the outstanding share capital 2770914 Ontario Inc. ("H2H"). H2H holds the ownership of Heart2Heart, a developmental stage application that assists with connecting and locating medical processionals in the areas of mental health. Users of Heart2Heart will also have the ability to connect with fellow uses to discuss and build a community around mental health awareness.

"We are excited to acquire H2H, as it will allow us to provide accessible resources for mental health and access to a community of professionals for patients across Canada," said Jatinder Dhaliwal, Chief Executive Officer of the Company.

Pursuant to the Agreement, the Company will acquire all of the issued and outstanding shares of H2H through the issuance of an aggregate of 12,000,000 of its common shares at a deemed price of \$0.10 per share to the shareholders of H2H in exchange for every share of H2H that they held (the "**Transaction**"). The Transaction is expected to close on November 18, 2020.

The Company is at arms-length from H2H and its shareholders. The Transaction will neither constitute a fundamental change nor a change of business for the Company, nor will it result in a change of control of the Company within the meaning of applicable securities laws and the policies of the Canadian Securities Exchange. In connection with the completion of the Transaction, the Company will also issue 1,200,000 common shares to an arm's length party who assisted with facilitating the Transaction.

ON BEHALF OF THE BOARD OF DIRECTORS

GLOBAL HEALTH CLINICS LTD.

Jatinder Dhaliwal Chief Executive Officer

For further information, readers are encouraged to contact Jatinder Dhaliwal, Chief Executive Officer, at 1.855.537.6272

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this press release, which has been prepared by management.

Cautionary Note Regarding Forward-Looking Information

Except for the statements of historical fact, this news release contains "forward-looking information" within the meaning of the applicable Canadian securities legislation that is based on expectations, estimates and projections as at the date of this news release. "Forward-looking information" in this news release includes information about the Transaction, including with respect to the closing thereof and the Company's ability to provide accessible resources for mental health and access to a community of professionals for patients across Canada upon completion of the Transaction, as well as the intentions, plans and future actions of the Company. The forward-looking information in this news release reflects the current expectations, assumptions and/or beliefs of the Company based on information currently available to the Company, including with respect to assumptions about the Company's ability to obtain the required approvals for the Transaction. Although the Company believes that the assumptions inherent in the forward-looking information are reasonable, forward-looking information is not a guarantee of future performance and accordingly undue reliance should not be put on such information due to the inherent uncertainty therein. The Company provides forward looking statements for the purpose of conveying information about current expectations and plans relating to the future and readers are cautioned that such statements may not be appropriate for other purposes. By its nature, this information is subject to inherent risks and uncertainties that may be general or specific and which give rise to the possibility that expectations, forecasts, predictions, projections or conclusions will not prove to be accurate, that assumptions may not be correct and that objectives, strategic goals and priorities will not be achieved. These risks and uncertainties include but are not limited those identified and reported in the Company's public filings under the Company's SEDAR profile at www.sedar.com. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ materially from those described in forward-looking information, there may be other factors that cause actions, events or results not to be as anticipated, estimated or intended. There can be no assurance that such information will prove to be accurate as actual results and future events could differ materially from those anticipated in such statements. The Company disclaims any intention or obligation to update or revise any forward-looking information, whether as a result of new information, future events or otherwise unless required by law.