Global Health Clinics Ltd.

400-837 West Hastings Street Vancouver, BC V6C 3N6 Tel: 1.855.537.6272

NOT FOR DISSEMINATION IN THE UNITED STATES

NEWS RELEASE

GLOBAL HEALTH CLINICS LTD. ACQUIRES ANYTIME HEALTH

May 8, 2020 – Global Health Clinics Ltd. ("Global Health" or the "Company") (CSE: MJRX) (Frankfurt: L002) is pleased to announce that the Company has closed and acquired all of the issued and outstanding shares of Anytime Health Corp. ("AHC"), a private British Columbia corporation, further to its news release and definitive agreement dated May 5, 2020. The Company has issued and released 30,000,000 Global Health shares at a deemed price of \$0.05 per share to AHC shareholders (the "Transaction").

The Transaction was an arms length transaction, and did not constitute a fundamental change for the Company, nor did it result in a change of control of the Company within the meaning of applicable security laws and the policies of the Canadian Securities Exchange.

Global Health will use Anytime Health as a developmental stage web based application to assist with medical records and scheduling of daily appointments for medical clinics and medical offices.

Anytime Health platform is a developmental stage application that removes the need for in person booking and reduces the amount of time spent on patient history. Commonly when patients go to clinics they do not see their assigned doctor (Family physician) due to scheduling issues, Anytime Health looks to clarify these booking issues and as well assist the on premise physician with real time medical records which will allow for a high efficacy of prognosis.

Anytime Health is also designed to improve the profitability of clinics tackling one of the major issues with most clinics, being last minute cancelations. By using its unique "Que" framework, patients can be moved up and down waitlist seamlessly, further sending out notifications to inquiring patients to potentially fill any empty appointments.

As a result of the Transaction, there are no new control person of the Company.

"In these uncertain times of Universal Health we felt it acquiring a technology that reduces in person contact has huge implications, increasing social distancing and efficiency are practices we focus on at Global Health Clinics." States Jay Dhaliwal, CEO of Global Health.

Global Health Clinics Ltd.

On behalf of the Board of Directors of Global Health Clinics Ltd. Jatinder Dhaliwal CEO Contact

Information: Tel.: 1.855.537.6272

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this press release, which has been prepared by management.

Forward-looking Information

Except for the statements of historical fact, this news release contains "forward-looking information" within the meaning of the applicable Canadian securities legislation that is based on expectations, estimates and projections as at the date of this news release. "Forward-looking information" in this news release includes information about the prospectus of the Anytime Health app and other forward-looking information concerning the intentions, plans and future actions of the Company described herein.

Factors that could cause actual results to differ materially from those described in such forward-looking information include, but are not limited to, the Anytime Health app may not result in the benefits to the Company as currently contemplated, or at all; and other risks as more fully set out in the Company's continuous disclosure filings at www.sedar.com.

The forward-looking information in this news release reflects the current expectations, assumptions and/or beliefs of the Company based on information currently available to the Company. In connection with the forward-looking information contained in this news release, the Company has made assumptions about the benefits and development of the Anytime Health app. The Company has also assumed that no significant events occur outside of the Company's normal course of business. Although the Company believes that the assumptions inherent in the forward-looking information are reasonable, forward-looking information is not a guarantee of future performance and accordingly undue reliance should not be put on such information due to the inherent uncertainty therein.