

GLOBAL HEALTH CLINICS LTD. ANNOUNCES APPOINTMENT OF CHAUDHRY

January 24, 2020 – Global Health Clinics Ltd. (“**Global Health**” or the “**Company**”) (CSE: MJRX) (Frankfurt: L002) is pleased to announce that it has appointed Kaitlynn Hill as director of patient care. Ms. Hill has worked with Global Health Clinics Ltd. with patient processing and after care. She has held positions with multiple Cannabis companies publicly traded and private. "I'm excited to put my passion for cannabis and patient care to use, being hands on and continuing relationships with people who need cannabis is a great passion of mine."

Cassidy McCord has resigned as a director of Global Health Clinics. The company wishes to thank Ms. McCord for her contributions to restricting of the company and wishes her well in future endeavors.

The Board now consist of Jatinder Dhaliwal, Usama Chaudhry, Judy Su, Kaitlynn Hill

Global Health Clinics Ltd.

On behalf of the Board of Directors of Global Health Clinics Ltd.

Jatinder Dhaliwal
CEO

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Forward Looking Statements

This news release contains certain statements which constitute forward-looking statements or information (“forward looking statements”), including statements regarding project plans. Such forward-looking statements are subject to numerous risks and uncertainties, some of which are beyond Star's control, including the impact of general economic conditions, industry conditions, volatility of commodity prices, currency fluctuations, competition from other industry participants, stock market volatility and the ability to access sufficient capital from internal and external sources. Although Navis believes that the expectations in its forward-looking statements are reasonable, they are based on factors and assumptions concerning future events which may prove to be inaccurate. Those factors and assumptions are based upon currently available information. Such statements are subject to known and unknown risks, uncertainties and other factors that could influence actual results or events and cause actual results or events to differ materially from those stated, anticipated or implied in the forward looking information. As such, readers are cautioned not to place undue reliance on the forward looking information, as no assurance can be provided as to future results, levels of activity or achievements. Other factors that could materially affect such forward-looking statements are described in the risk factors in the most recent management’s discussion and analysis that is available on the Company’s profile on SEDAR at www.sedar.com. Readers are cautioned that the foregoing list of factors is not exhaustive. The forward looking statements contained in this document are made as of the date of this document and, except as required by applicable law, Navis does not undertake any obligation to publicly update or to revise any of the included forward looking statements, whether as a result of new information, future events or otherwise. The forward-looking statements contained in this document are expressly qualified by this cautionary statement.