



RIFT VALLEY

RESOURCES

NEWS RELEASE

May 14, 2014

RIFT VALLEY RESOURCES CORP. ISSUED 100,000 SHARES PURSUANT TO THE CAT MOUNTAIN OPTION AGREEMENT

Rift Valley Resources Corp. ("Rift Valley") (CNSX – RVR) issued 100,000 common shares pursuant to the CAT Mountain Option Agreement. The number of Rift Valley issued and outstanding common shares increased from 20,491,652 to 20,591,652.

Rift Valley Resources Corp.

Craig Robson
CEO

