



RIFT VALLEY RESOURCES CORP. – CAT MOUNTAIN PROPERTY- UPDATE

November 27, 2013

Vancouver, British Columbia - Rift Valley Resources Corp. (the “Company” or “Rift Valley”) (CNSX: RVR)

Further to the Company’s news release of August 27, 2013 advising that its shares have been called to trade on the Canadian National Stock Exchange (“CNSX”) the Company provides the following updates.

Concurrent with the listing of the Company’s shares, IPE InvestmentPitch Enterprises Ltd., created an internet information package consisting of a brief video news overview on the Company’s property and its listing. The information video may be viewed at www.InvestmentPitch.com and search for Rift Valley.

Cat Mountain Gold Copper Property

The Company’s principal business activity is the acquisition, exploration and development of mineral properties in British Columbia, Canada. To this end, the Company owns the exclusive option to purchase up to a 100% undivided interest in the Cat Mountain gold/copper prospect in northern BC. The 5,900 hectare property, consisting of 20 contiguous mineral tenures, is located approximately 300 kilometres northwest of Prince George. The property is strategically located approximately 16 kilometers north of the Teck Cominco/Lorraine Copper Gold project. The property is accessible by road to its southern and central areas and by 4 wheel drive to the main mineral showings.

Historically, approximately \$5 million has been spent by previous owners on the Cat Mountain property, which has included several diamond drill programs as well as 3D IP and sampling.

Rift Valley now is in possession of much of the prior geological assessment reports generated by the previous owners, and together with its own exploration work to date, has created and filed a National Instrument (NI) 43-101 Technical Report dated May 15, 2012 and amended on May 7, 2013. The technical report and other Company filings are available for viewing at www.sedar.com under the profile of Rift Valley Resources Corp. and on the website of the Canadian National Stock Exchange (CNSX) at www.cnsx.ca.

The Company’s strategy is to now compile the existing years’ worth of data created by previous owners in order to better develop a composite geological model of the property for the first time.



The resulting geological model should allow Rift Valley to more accurately identify a zone or zones of interest for further exploration.

In addition, the Company has submitted for testing, samples gold bearing rocks taken from a magnetite vein located at surface on Cat Mountain. The purpose of the test(s) is to determine both the potential average quantity of gold per ton in the vein as well as the quality of the magnetite.

For more information please visit the company's website at www.RiftValley.ca, call Craig Robson CEO at 778-329-9630 or email craig@riftvalley.ca or Mark van der Horst. Mark can be reached at 604-200-1481 or email mark@galecapital.com.

Rift Valley Resources Corp.

Craig Robson
CEO

DISCLAIMER:

This news release contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended as well as the BC Securities Act and Regulations. Generally, these forward-looking statements can be identified by the use of forward-looking terminology such as "plans", "anticipated", "expects" or "does not expect", "is expected", "budget", "scheduled", "estimates", "forecasts", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will be taken", "occur" or "be achieved". All forward-looking statements are inherently uncertain as they are based on current expectations and assumptions concerning future events or future performance of the company. These risks and uncertainties could cause the company's actual results to differ materially from those indicated in the forward-looking statements. Readers are cautioned not to place undue reliance on these forward-looking statements, which are only predictions and speak only as of the date hereof. In evaluating such statements, prospective investors should review carefully various risks and uncertainties identified in this document and matters set out in the company's public disclosure materials including the Technical Report dated May 15, 2012 and amended May 7, 2013 which are available at www.sedar.com under the profile of Rift Valley Resources Corp., and filings with the Canadian National Stock Exchange (CNSX) which are available at www.cnsx.ca.

The CNSX has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.

