

# GOOD LIFE ANNOUNCES POSTPONEMENT OF ANNUAL GENERAL MEETING

VANCOUVER, BC, August 14, 2019 - Good Life Networks Inc. ("GLN", or the "Company") (TSXV: GOOD) (FSE: 4G5) announces the postponement of its Annual General Meeting ("Meeting"), originally scheduled for August 16, 2019, to an as-yet undetermined date. The Company has postponed the Meeting as and until the Company explores and evaluates various position changes within the Board and key management team. The Meeting will be rescheduled for a date prior to January 26, 2020 in accordance with applicable corporate and securities laws, and the Company will deliver a new notice of Meeting, information circular and proxy to its shareholders in connection with the Meeting.

## The GLN Story

GLN's patent pending technology is the engine that sits between advertisers and publishers. A highlight of GLN's tech is that it does not collect PII (Personal Identifiable Information). Built for cross device video advertising: Mobile, In-App, Desktop and CTV (Connected Television) the GLN Programmatic Video Advertising Platform has among the lowest fraud rates of similar vendors in the industry. Advertisers make more money by reaching their target audience more effectively. GLN makes money by retaining a percentage of the advertiser's fee.

GLN is headquartered in Vancouver, Canada with offices in Newport Beach and Santa Monica California, New York and UK and trades on the TSXV under the stock symbol "GOOD" and The Frankfurt Stock Exchange under the stock symbol 4G5. For further information on the Company, visit [www.glninc.ca](http://www.glninc.ca)

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*Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*

## Forward Looking Statements:

*Forward-looking statements relate to future events or future performance and reflect the expectations or beliefs regarding future events of management of GLN. This information and these statements, referred to herein as "forward-looking statements", are not historical facts, are made as of the date of this news release and include without limitation, statements regarding management's expectations with respect to scheduling the Meeting. These statements generally can be identified by use of forward-looking words such as "may", "will", "expect", "estimate", "anticipate", "intends", "believe" or "continue" or the negative thereof or similar variations.*

*These forward-looking statements involve numerous risks and uncertainties and actual results might differ materially from results suggested in any forward-looking statements. Important factors that may cause actual results to vary include without limitation, risks relating to, the stability of the industry in which the Company operates, the Company's ability to continue to fund its operations and the Meeting, changes in legislation and general economic conditions or conditions in the financial markets that may affect its ability to hold the Meeting within the time frame expected, or at all.*

*In making the forward-looking statements in this news release, the Company has applied several material assumptions, including without limitation that GLN will be in a position to hold the Meeting before January 26, 2020.*

*GLN does not assume any obligation to update the forward-looking statements, or to update the reasons why actual results could differ from those reflected in the forward looking-statements, unless and until required by applicable securities laws. Additional information identifying risks and uncertainties are contained in GLN's filings with the Canadian securities regulators, which filings are available at [www.sedar.com](http://www.sedar.com).*