Date: August 13, 2019



To: All Canadian Securities Regulatory Authorities

Subject: Good Life Networks Inc.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :		Annual Genera	I Meeting (CANCELLED)
Record Date for Notice of Meeting :		June 20, 2019	(CANCELLED)
Record Date for Voting (if applicable) :		June 20, 2019	(CANCELLED)
Beneficial Ownership Determination Date :		June 20, 2019	(CANCELLED)
Meeting Date :		<mark>August 16, 201</mark>	.9 (CANCELLED)
Meeting Location (if available) :		Vancouver, BC	
Issuer sending proxy related materials directly	to NOBO:	Yes	
Issuer paying for delivery to OBO:		No	
Notice and Access (NAA) Requirements:			
NAA for Beneficial Holders		No	
NAA for Registered Holders		No	
Voting Security Details:			
Description	CUSIP Nu	ımber	ISIN
COMMON CLASS	38211X102	2	CA38211X1024

Sincerely,

Computershare Agent for Good Life Networks Inc.