Appia Presenting at Mining Investment Forums in Tokyo, Seoul and Beijing

Toronto, Ontario--(Newsfile Corp. - October 7, 2019) - **Appia Energy Corp. (CSE:API) (OTCQB: APAAF) (FSE: A0I.F) (FSE: A0I.MU) (FSE: A0I.BE)** (the "Company" or "Appia") is pleased to announce its participation in three Canada Mineral Investment Forums (the "**Forums**") hosted by the Canadian Embassy of the respective country. Appia's Vice-President, Exploration & Development, Mr. James Sykes, will be presenting in Tokyo, Japan, on October 7, Seoul, South Korea, on October 10, and Beijing, China, on October 14. Well over 50 participants representing mining companies, manufacturers, and investors are expected to be in attendance for each Forum.

The Company will be emphasizing its World-class, high-grade rare earth element ("**REE**") Alces Lake project, as well as its uranium assets in northern Saskatchewan and Elliot Lake, Ontario, due to the increased interest generated around these "critical" green energy elements in these Asian countries.

Previously released results of the recently completed high-grade critical REE summer exploration program on the Alces Lake project include some of the highest-grade critical REEs ever discovered, which include 16.10 wt% total rare earth oxide ("**TREO**") over 11.65 m in drill hole IV-19-003 (see Table 1, attached), and 16.06 wt% TREO over 15.55 m, including 49.17 wt% TREO over 3.7 m, in follow-up drill hole IV-19-012 (see news releases filed on SEDAR on July 16 and September 3, 2019. Drill hole assay results for the remaining 32 drill holes are expected within 2 weeks.

About Appia

Appia is a Canadian publicly-traded company in the uranium and rare earth element sectors. The Company is currently focusing on delineating high-grade critical rare earth elements ("REE") and uranium on its Alces Lake property, as well as prospecting for high-grade uranium in the prolific Athabasca Basin on its Loranger, North Wollaston, and Eastside properties. The Company holds the surface rights to exploration for 57,048 hectares (140,968 acres) in Saskatchewan.

The Company also has a 100% interest (subject to a 1% Uranium Production Payment Royalty and a 1% Net Smelter Return Royalty on any precious or base metals payable, provided that the price of uranium is greater than US$130 per pound) in 12,545 hectares (31,000 acres), including rare earth element and uranium deposits over five mineralized zones in the Elliot Lake Camp, Ontario, which historically produced over 300 million pounds of U_3O_8 and is the only Canadian camp that has had significant rare earth element (yttrium) production. The deposits are largely unconstrained along strike and down dip.

Appia's technical team is directed by James Sykes, who has had direct and indirect involvement with over 550 million lbs. U_3O_8 being discovered in five deposits in the Athabasca Basin.

Appia has 65.3 million common shares outstanding, 85.2 million shares fully diluted.

Cautionary Note Regarding Forward-Looking Statements: *This News Release contains forward-looking statements which are typically preceded by, followed by or including the words "believes", "expects", "anticipates", "estimates", "intends", "plans" or similar expressions. Forward-looking statements are not guarantees of future performance as they involve risks, uncertainties and assumptions. We do not intend and do not assume any obligation to update these forward- looking statements and shareholders are cautioned not to put undue reliance on such statements.*

Neither the Canadian Securities Exchange nor its Market Regulator (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.

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TABLE 1 - LITHOGEOCHEMICAL RESULTS FOR DRILL HOLES IV-19-003 and IV-19-012

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Zone	DDH	From (m)	To (m)	Interval (m)	La_2O_3 (wt%)	CeO_2 (wt%)	Pr_6O_{11} (wt%)	Nd_2O_3 (wt%)	Sm_2O_3 (wt%)	Eu_2O_3 (wt%)	Gd_2O_3 (wt%)	Tb_4O_7 (wt%)	Dy_2O_3 (wt%)	Ho_2O_3 (wt%)	Er_2O_3 (wt%)	Yb_2O_3 (wt%)	Lu_2O_3 (wt%)	Y_2O_3 (wt%)	ThO_2 (wt%)	U_3O_8 (wt%)	TREO (wt%)	CREO (wt%)
Ivan	IV-19-003	13.25	21.90	11.65	3.552	7.816	0.864	3.075	0.409	0.005	0.221	0.018	0.037	0.004	0.005	0.001	0.000	0.094	2.075	0.055	16.100	3.998
	includes	13.30	16.90	3.70	6.792	15.850	1.673	5.990	0.797	0.009	0.430	0.034	0.071	0.007	0.009	0.001	0.000	0.178	3.900	0.107	31.044	7.777
Ivan	IV-19-012	8.70	24.25	15.55	2.653	7.708	0.889	2.946	0.413	0.005	0.205	0.014	0.036	0.004	0.006	0.001	0.000	0.089	2.081	0.054	16.058	3.890
	includes	9.70	17.60	7.90	7.183	15.219	1.715	5.748	0.805	0.010	0.430	0.027	0.071	0.007	0.012	0.002	0.000	0.173	4.058	0.105	31.339	7.591
	includes	9.70	13.40	3.70	11.233	23.833	2.753	8.986	1.258	0.016	0.626	0.042	0.133	0.011	0.019	0.002	0.001	0.266	6.365	0.164	49.165	11.918

The REEs Thulium (Tm) and Promethium (Pm) are not reported because they are both extremely scarce in nature, and Pm forms as a product of spontaneous fission of U-238

TREO = Total Rare Earth Oxide = sum of $La_2O_3+CeO_2+Pr_6O_{11}+Nd_2O_3+Sm_2O_3+Eu_2O_3+Gd_2O_3+Tb_4O_7+Dy_2O_3+Ho_2O_3+Er_2O_3+Yb_2O_3+Lu_2O_3+Y_2O_3$

CREO = Critical Rare Earth Oxide = sum of $Pr_6O_{11}+Nd_2O_3+Eu_2O_3+Tb_4O_7+Dy_2O_3$

Conditions Used for Reporting Composite Results
- cutoff grade = 0.1 wt% TREO, "includes" cutoff grade = 0.8 wt% TREO
- maximum internal dilution along drill holes does not exceed 3.0 m
- drill hole "intervals" are reported as down-hole; true thickness has not been determined

Highlighting Nd grades associated with high-grade TREO
Highlighting Pr grades associated with high-grade TREO
Highlighting "high-grade" TREO and CREO (i.e. >1.897* wt% TREO)
Indicates light rare-earth elements
Indicates heavy rare-earth elements
Indicates radioactive elements

*Note: >1.897 wt% TREO represents >75th percentile for global REO deposit grades of advanced stage projects (excluding Gakara, Steenkampskraal and Mount Weld CLD deposits). The global REO deposit information was derived from publicly available information as of January 31, 2018, from individual company websites, SEDAR technical report filings, and the Technology Metals Research Advanced Rare Earth Projects Index (http://www.technologymetalsresearch.com/metrics-indices/tmr-advanced-rare-earth-projects-index).

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https://orders.newsfilecorp.com/files/5416/48534_appia_enhanced.jpg

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