

FORM 51-102F3

Material Change Report

Item 1. Name and Address of Company

Gaia Grow Corp (the “Company”)
303 – 750 West Pender Street
Vancouver, BC, V6C 2T7

Telephone: 604-681-0084

Item 2. Date of Material Change

News Release dated September 16, 2021.

Item 3. News Release

The Company disseminated a news release concerning the material change described herein on September 16, 2021 and subsequently filed a copy on SEDAR at www.sedar.com.

Item 4. Summary of Material Change

Gaia Grow provides update on Canna Stream Solutions’ equipment and product development.

Item 5. Full Description of Material Change

Vancouver, British Columbia – September 16, 2021 - Gaia Grow Corp. (CSE: GAIA; Frankfurt: GG0) is pleased to provide the following corporate update on its operations:

Canna Stream Solutions

The team at Canna Stream Solutions (“CSS”) has successfully sourced the equipment required for its test extraction line. Shipments of this equipment have been received in the TruExtracts facility in Calgary this week. This extraction line is being unboxed and installed immediately, and CSS will begin using its Patent-Pending Solvent in “at-scale” experiments with Gaia’s milled hemp products in the immediate future. This line and process will be able to process Gaia’s CBD rich biomass more cost-effectively than more-traditional ethanol lines, thereby increasing profitability and providing the GAIA corporate ecosystem a significant competitive advantage.

In addition to the test extraction line, CSS continues to use its technologies and processes to prepare the waste streams of spent extraction waste and other milled fibre product for “low volume, high dollar” end products. CSS, along with its business development partner for which it has obtained a grant for 100 working hours of market development time from, continue to develop new markets for hemp and cannabis waste-stream products to be sold

to a number of industries, where these unique plant-based products stand to provide 'greener' solutions to meet industry needs.

GAIA will continue to provide further updates on its commercialization of CSS-developed products and its TruExtracts extraction lines in coming weeks.

Gaia's President, James Tworek notes: "this is a very exciting time for us all as we continue to outfit the facility and see the Canna Stream team and business model take flight!"

The company diligently posts updates on Gaia's official YouTube page and the link can be found here: <https://www.youtube.com/channel/UC7tbvsY5gl2CrlsESYkbbgw>

Please join the conversation on our GAIA group supporter's telegram group at <https://t.me/gaiagrow> and visit us online at <https://www.gaiagrow.com/>

For further information please contact:
Frederick Pels, Chief Executive Officer
(403)-991-7737
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Item 6. Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

Not applicable

Item 7. Omitted Information

Not applicable

Item 8. Executive Officer

The following senior officer of the Company is knowledgeable about the material change disclosed in this report.

Frederick Pels
Chief Executive Officer
Telephone: 403-991-7737

Item 9. Date of Report

September 16, 2021