

FORM 51-102F3

Material Change Report

Item 1. Name and Address of Company

Gaia Grow Corp (the “Company”)
303 – 750 West Pender Street
Vancouver, BC, V6C 2T7

Telephone: 604-681-0084

Item 2. Date of Material Change

News Release dated August 12, 2021

Item 3. News Release

The Company disseminated a news release concerning the material change described herein on August 12, 2021 and subsequently filed a copy on SEDAR at www.sedar.com.

Item 4. Summary of Material Change

Gaia’s Canadian cannabis extraction laboratory TruExtracts adds Katie Kapcsos to Quality Assurance team.

Item 5. Full Description of Material Change

Vancouver, British Columbia – August 12 2021 - Gaia Grow Corp. (CSE: GAIA; Frankfurt: GG0) wholly owned subsidiary TruExtracts is pleased to welcome Katie Kapcsos to its quality assurance team. Katie brings a wealth of experience that will be a valued addition to the team at TruExtracts as well as the team at Canna Stream Solutions.

Katie Kapcsos started her career in the cannabis industry in 2016, in the harvest department at Aurora; that position turned to a career in one of the most quickly evolving industries in the world. Katie completed her diploma in Environmental Technology at SAIT, while working weekends leading a team to monitor and maintain plants in the facility, nurturing a love for the industry and a deep respect for the forerunners who paved the way to legalization. Katie was fortunate to develop her skills and knowledge with an LP respectful of the rules and regulations, and among people who recognized the significance of their pioneering work producing cannabis safely and responsibly.

Katie later completed her BSc in Environmental Science at Royal Roads University and returned shortly after, finding herself almost immediately back in the post-legalization saddle. Leaving her position as a QAP with another LP to join TruExtracts, Katie will be thoroughly involved with the TruExtracts facility ensuring that the company is fully compliant. She will also be developing new departments and new products for Tru’s lineup.

“Katie is a welcome addition to our team” said Andre Sinclair, COO of TruExtracts. “The team we have in place is fundamental to our success. Katie’s skills and experience will be a valued addition as we grow Tru. We strive to be an employer of choice in the global cannabis sector and with the strong team we have in place, I am certain we will continue to attract high caliber team members and grow our business.”

For more Information, please visit our website at <https://gaiagrow.com> or <https://truextractslabs.com/>

Please join the conversation on our GAIA group supporter’s telegram group at <https://t.me/gaiagrow> and visit us online at <https://www.gaiagrow.com/>

For further information please contact:
Frederick Pels, Chief Executive Officer
(403)-991-7737
fp@gaiagrow.com

Item 6. Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

Not applicable

Item 7. Omitted Information

Not applicable

Item 8. Executive Officer

The following senior officer of the Company is knowledgeable about the material change disclosed in this report.

Frederick Pels
Chief Executive Officer
Telephone: 403-991-7737

Item 9. Date of Report

August 12, 2021