FORM 51-102F3

Material Change Report

Item 1. Name and Address of Company

Gaia Grow Corp (the "Company") 303 – 750 West Pender Street Vancouver, BC, V6C 2T7

Telephone: 604-681-0084

Item 2. Date of Material Change

News Release dated August 4, 2021

Item 3. News Release

The Company disseminated a news release concerning the material change described herein on August 4, 2021 and subsequently filed a copy on SEDAR at www.sedar.com.

Item 4. Summary of Material Change

Gaia's Canna Stream Solutions receives grant to support new youth hires.

Item 5. Full Description of Material Change

Vancouver, British Columbia – August 4 2021 - Gaia Grow Corp. (CSE: GAIA; Frankfurt: GG0) is pleased to announce that its wholly-owned subsidiary, Canna Stream Solutions Ltd. ("CSS"), will be receiving funding of up to \$60,000 from the National Research Council of Canada Industrial Research Assistance Program (NRC IRAP) through its Youth Employment Program.

With the financial assistance from NRC IRAP, CSS will be able to hire and train two young Canadian scientists to support development and design of pilot and demonstration scale facilities at TruExtracts existing operation in Calgary using CSS' novel green cannabinoid extraction technology.

We are pleased to announce Olga Kravchenko, M.Sc. (University of Calgary) and Amy Li, B.Chem. Eng. (Dalhousie University) as new additions to the CSS team.

In addition, with support from NRC IRAP, CSS has benefitted from the services of Tech-Access Canada and its Interactive Visits (TAC iv) program to partner with The Centre for Natural Products and Medical Cannabis at Loyalist College for the analysis of extracts produced by CSS cannabinoid extraction technology.

TruExtracts

TruExtracts laboratories was created for high-capacity extraction to meet global demand. TruExtracts is one of Western Canada's largest cannabis and hemp processors, this state of the art facility in Calgary features supercritical carbon dioxide CO2, ethanol, butane, and pentane and solventless extraction. Health Canada licensed and operational. Expansion is underway to a footprint of 28,526 square feet. Services include toll processing, THC, CBD extractions and isolates, as well as white label service and cannabis THC and CBD products.

More information can be found at https://truextractslabs.com/

Canna Stream Solutions Ltd.

CSS is developing critical technologies for storing, transportation and processing of cannabis waste (physical and chemical). Most notably, they have filed a US provisional patent application in the chemical extraction and fractionation of Cannabinoids and monoterpenes from cannabis flower and biomass utilizing their solvent system that is significantly more efficient than ethanol. This gives CSS the ability to significantly manage costs of high throughput processing and extraction of cannabis and Hemp biomass.

About Tech-Access Canada

Tech-Access Canada is the national network of Canada's 60 Technology Access Centres (TACs). The network enables the TACs to serve any company, anywhere in Canada, and help them access the expertise, equipment, and facilities they need to solve their innovation challenges.

About the Centre for Natural Products and Medical Cannabis

The Centre for Natural Products and Medical Cannabis is a TAC at Loyalist College funded by the Natural Science and Engineering Research Council of Canada (NSERC) to help innovative Canadian firms leverage government funding programs and supports for our services. The Centre specializes in working with start-ups and small and medium enterprises in the natural products and cannabis sectors, to help them develop, scale-up and commercialize their ideas, products, and processes.

The Company will be diligently posting updates through videos from the official company YouTube channel https://www.youtube.com/channel/UC7tbvsY5gl2CrlsESYkbbgw

Please join the conversation on our GAIA group supporter's telegram group at https://t.me/gaiagrow and visit us online at https://www.gaiagrow.com/

For further information please contact:

Frederick Pels, Chief Executive Officer

(403)-991-7737

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Item 6. Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

Not applicable **Omitted Information** Item 7.

Not applicable

Executive Officer Item 8.

The following senior officer of the Company is knowledgeable about the material change disclosed in this report.

Frederick Pels Chief Executive Officer Telephone: 403-991-7737

Item 9. **Date of Report**

August 4, 2021