Date: November 15, 2019



To: All Canadian Securities Regulatory Authorities

Subject: GAIA GROW CORP.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :	Annual General an	nd Special Meeting
Record Date for Notice of Meeting :	December 11, 201	.9
Record Date for Voting (if applicable) :	December 11, 201	.9
Beneficial Ownership Determination Date :	December 11, 201	.9
Meeting Date :	January 15, 2020	
Meeting Location (if available) :	Vancouver, BC	
Issuer sending proxy related materials directly t	o NOBO: Yes	
Issuer paying for delivery to OBO:	No	
Notice and Access (NAA) Requirements: NAA for Beneficial Holders	No	
NAA for Registered Holders	No	
Voting Security Details:		
Description	CUSIP Number	ISIN
COMMON SHARES	86269A107	CA36269A1075

Sincerely,

Computershare Agent for GAIA GROW CORP.