



GAIA GROW ENTERS INTO STRATEGIC AGRONOMY CONTRACT WITH CORE AG INPUTS - CARSTAIRS

Vancouver, British Columbia - August 6, 2019 - Gaia Grow Corp. (TSXV: GAIA) (the “**Company**”) or “**Gaia**”) has entered into a consulting agreement with 2006669 Alberta Inc., operating as Core Ag Inputs – Carstairs (“**Core AG**”) for an initial seven month term in which Core AG will provide a series of services involving agronomy, land preparation for farming hemp, crop optimization and oversight for the 2019 planting and harvest year. The team at Core AG will also offer agronomy services to additional farmland that Gaia may bring under contract in future years. After the initial term is completed, the agreement renews itself on a month-by-month basis in perpetuity until either party chooses to amend or cancel it.

Core Ag (www.CoreAg.ca) is a network of locally-owned and operated agriculture retail operations across the Canadian prairies offering best in class products (fertilizers, chemicals, seed) and services including field scouting, agronomy, planting and harvesting oversight and marketing within the Canadian marketplace.

Regarding the engagement of Core AG, Gaia’s President James Tworek commented, “The choice to sign up with the team at Core Ag was a natural fit. Their management and operations team, as well as their reputation with large, successful farms and farming partners in their region will be a valued component of Gaia’s operations, where we engage and work with knowledgeable teammates who have successfully grown hemp in the Canadian Prairies. We look forward to growing with them in 2019 and beyond as Gaia executes on its domestic business plan and expands it in future years”

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CAUTIONARY AND FORWARD-LOOKING STATEMENTS

This news release contains forward-looking statements and forward-looking information within the meaning of applicable securities laws. These statements relate to future events or future performance. All statements other than statements of historical fact may be forward-looking statements or information. Forward-looking statements and information are often, but not always, identified by the use of words such as “appear”, “seek”, “anticipate”, “plan”, “continue”, “estimate”, “approximate”, “expect”, “may”, “will”, “project”, “predict”, “potential”, “targeting”, “intend”, “could”, “might”, “should”, “believe”, “would” and similar expressions.

Forward-looking statements and information are provided for the purpose of providing information about the current expectations and plans of management of the Company relating to the future. Readers are cautioned that reliance on such statements and information may not be appropriate for other purposes, such as making investment decisions. Since forward-looking statements and information address future events and conditions, by their very nature they involve inherent risks and uncertainties. Actual results could differ materially from those currently anticipated due to a number of factors and risks. These include, but are not limited to, the risks associated with the hemp industry in general such as operational risks in growing; competition; incorrect assessment of the value and potential benefits of various transactions; ability to access sufficient capital from internal and external sources; failure to obtain required regulatory and other approvals and changes in legislation, including but not limited to tax laws and government regulations. Accordingly, readers should not place undue reliance on the forward-looking statements, timelines and information contained in this news release.