

NEWS RELEASE – For Immediate Distribution



CSE - HC
FSE: 0HCN

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High Hampton Announces Appointment of Strategic Advisor and CFO

High Hampton Holdings Corp. (CSE: HC) (FSE: 0HCN) ("**High Hampton**" or the "**Company**") is pleased to announce that it has engaged Mike Blady as strategic advisor to the Company and appointed Fiona Fitzmaurice as Chief Financial Officer.

Michael Blady most recently served as Director of Invictus MD Strategies Corp (TSXV: IMH), a company focused on several verticals within the burgeoning Canadian cannabis sector including:

- Licensed Producers under the ACMPR including investment in the fully licensed facilities operated by AB Laboratories Inc. and Acreage Pharms Ltd.;
- Fertilizer and nutrients through Future Harvest Development Ltd.

Mr. Blady also served as the VP of Sales and Marketing for Future Harvest Development Ltd.

Fiona Fitzmaurice is a chartered certified accountant with 12 years of experience in accounting and financial control. Fiona is currently CFO of Enforcer Gold Corp. (TSXV: VEIN) and acted previously as financial controller for Noront Resources Ltd. where she was involved in private placements, prospectus filings, flow-through financings and corporate audits. Prior to joining Noront, Fiona acted as a senior accountant and controller for both private and publicly listed junior companies. Fiona holds a BA in accounting and finance from the Athlone Institute of Technology in Ireland.

The Company wishes to thank Rukie Liyanage who has stepped down from his position of CFO to pursue other ventures.

Brendan Purdy, CEO, commented:

“As High Hampton moves towards receipt of its conditional use permit (CUP) for the Coachella cultivation facility, management has prioritized improving the technical and financial strength of the operational team. We are encouraged by the extensive market pedigree that Michael Blady brings to the team and welcome an experienced voice at the

board level. Michael will be especially relied upon to vet the management growing team as High Hampton progresses towards cultivation. Additionally, Fiona Fitzmaurice is a welcome addition to the company, and her corporate and public market experience will be vital as the company nears full scale operations.”

About High Hampton

High Hampton is a cannabis sector investment company focused on opportunities in California. The Company's wholly owned subsidiary, CoachellaGro Corp., is a California corporation focused on the development of a 10.8 acre property situated in the proposed cannabis industrial park located in Coachella, California. CoachellaGro is in the application process for a conditional use permit for development of a full-service production facility in order to serve third party state licensed medical marijuana operators. The City of Coachella has been progressive in setting up city ordinance that sets aside 90 acres within which will be a legal framework for the cultivation, production, extraction and transportation of cannabis. The complex is intended to contain all the necessary; security, infrastructure, equipment, labour and skilled management, supplies and ancillary services for a closed loop production process flow.

For more information High Hampton, please contact:

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On behalf of the Board of Directors

High Hampton Holdings Corp.

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All monetary references herein refer to Canadian dollars unless otherwise specified.