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ACANA ANNOUNCES PLANTING OF VINEYARD

Surrey, British Columbia, Canada /July 15 2014/ CSE:APB/ ACANA CAPITAL CORP. ("Acana" or the "Company") announces that it has completed planting 60 acres of vineyard ("Vineyard") on its 72 acre parcel located at 12749 River Road, Courtland, Ca. The Company has arranged temporary financing to fund the estimated cost of developing the Vineyard at \$15,000 an acre. The estimated cost to develop 60 acres is \$900,000.

An insider of the Company has been paying the invoices for the Vineyard, until completion, at which time the Company intends to secure a regular bank financing to repay the monies that have been advanced by the insider. No payments or interest is being paid by the Company for the said funds for the first 6 months or until the Company secures a loan from a bank, whichever occurs first.

The project will be completed by the end of July, 2014. The crop is anticipated to mature in the 3rd year, at which time, pursuant to a contract with Gallo Wines, all of the production will be sold at \$600 a ton. Typical annual production from this variety is 10 tons an acre. The total cost of this project is estimated to be \$1,500,000.

Information regarding the Company can be found on SEDAR at <u>www.SEDAR.com</u> and by visiting the Canadian Securities Exchange website at www.thecse.com.

On behalf of the Board

<u>"Lucky Janda"</u> Chief Executive Officer 604 592 6881

Certain statements contained in this release may constitute "forward–looking statements" or "forward-looking information" (collectively "forward-looking information") as those terms are used in the Private Securities Litigation Reform Act of 1995 and similar Canadian laws. These statements relate to future events or future performance. The use of any of the words "could", "intend", "expect", "believe", "will", "projected", "estimated", "anticipates" and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on the Company's current belief or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. In particular, this release contains forward-looking information relating to the business of the Company, the Property, financing and certain corporate changes. The forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Because of the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward-looking information. The foregoing statements expressly qualify any forward-looking information contained herein.

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