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WINSTON INSIDER MAKES GIFTS

Toronto, Ontario, January 30, 2013 - Winston Resources Inc. (CNSX: WRW) ("Winston" or the "Company") discloses that its Chairman and CEO, Daniel Wettreich, has made a personal gift of 1,750,000 shares to unrelated third party US persons, and that Mr.Wettreich now holds, directly and indirectly, an aggregate of 25,150,000 common shares of the Company, representing approximately 38.1% of the Company's issued and outstanding common shares. Pursuant to the terms of a voting trust agreement, Castle Resources ("Castle") assigned its voting rights with respect to 18,000,000 common shares of the Company that are owned by Castle to Mr. Wettreich for a specified period that will terminate on or before June 22, 2014. Accordingly, immediately after the transaction, Mr. Wettreich has voting control over approximately 65.4% of the issued and outstanding common shares of the Company.

The gift of the above-noted common shares of the Company by Mr. Wettreich was carried out pursuant to an exemption from prospectus requirements as set out in Section 2.8 of National Instrument 45-102 - *Prospectus and Registration Exemptions*.

About Winston Resources

Winston is a Toronto based mineral company primarily focused on developing its 100% owned Elmtree Gold Project in New Brunswick, Canada, as well as the acquisition and development of other Canadian natural resource properties. Winston also owns a majority interest in Hadley Mining Inc (CNSX: HM) and Zara Resources Inc (CNSX: ZRI).

For more information please see www.WinstonResourcesInc.com or contact Danny Wettreich at (416) 628 9879 or dwww.winstonResourcesInc.com

Forward-Looking Information: This press release may include forward-looking information within the meaning of Canadian securities legislation, concerning the business and trading in the common stock of Winston Resources Inc. The forward-looking information is based on certain key expectations and assumptions made by the company's management. Although the company believes that the expectations and assumptions on which such forward-looking information is based are reasonable, undue reliance should not be placed on the forward-looking information because the company can give no assurance that they will prove to be correct. These forward-looking statements are made as of the date of this press release and the company disclaims any intent or obligation to update publicly any forward-looking information, whether as a result of new information, future events or results or otherwise, other than as required by applicable securities laws.

The CNSX has not reviewed, approved or disapproved the content of this press release