

RECHARGE RESOURCES PROVIDES UPDATE ON BRUSSELS CREEK DRILL PROGRAM

Vancouver, BC – September 16, 2022 - Recharge Resources Ltd. (“Recharge” or the “Company”) (RR: CSE) (RECHF: OTC) (SL5: Frankfurt) is pleased to provide the following update for its upcoming fully funded drill program at Brussels Creek copper-gold-palladium project in Kamloops, BC.

In advance of its fully funded drill program the company and its consultants will be conducting an in-field Preliminary Field Reconnaissance (PFR) for the five proposed test drill locations and three short sections of access road on the Brussels Creek project area. The primary focus of the PFR will be to identify any readily-evident archaeological sites (i.e., lithic surface finds, cultural depressions, features, etc.) and any specific areas with medium or greater potential to contain buried archaeological deposits that lie within or near Recharge’s proposed drill-rig locations and new sections of road.

Recharge Resources CEO and director, David Greenway states, *“We thank Mr. Shearer and all those involved in the ongoing consultation process to advance the project. Recharge is committed to sustainable exploration and mining practices. This is a pivotal time for the Brussels Creek project and we look forward to the results of the preliminary field reconnaissance program.”*

About the Brussels Creek Project

The Property is an early-stage exploration property, located approximately 24 kilometres west of Kamloops, B.C., and is immediately adjacent to New Gold's New Afton mine. The Property comprises 17 claims (66 cells) covering 1,350.43 hectares. The geological setting of the property is very similar to New Afton, a silica-saturated copper-gold alkalic porphyry-style deposit, as well as the Highland Valley, Mount Polly, Kemess and Galore Creek deposits. Recent field observations noted the presence of a substantial mineralized quartz-feldspar porphyry body intruding the overlying Nicola group volcanics. Historic sampling and mapping on the property, in 1983 and 1984, located a broad anomalous zone (200 metres by 400 metres) with gold values up to 3.5 grams per tonne. Grab samples taken from the property in 2019 include values of 10.1 g/t Au (with 0.7 g/t palladium) and 11.5 g/t Au.

Brussels Creek Web Page: <https://recharge-resources.com/projects/brussels-creek/>

Qualified Person

Johan T Shearer, P. Geo., Consulting Geologist, is the qualified person as defined by NI-43-101 responsible for the technical content of this release, and consents to its release.

About Recharge Resources

Recharge Resources is a Canadian mineral exploration company focused on exploring and developing the production of high-value battery metals to create green, renewable energy to meet the demands of the advancing electric vehicle and fuel cell vehicle market.

All Stakeholders are encouraged to follow the company on its social media profiles on [LinkedIn](#), [Twitter](#), [Facebook](#) and [Instagram](#).



On Behalf of the Board of Directors,

“David Greenway”

David Greenway, CEO

For further information, please contact:

Recharge Resources Ltd.
Mr. Joel Warawa
Phone: 778-588-5473
E-Mail: info@recharge-resources.com
Website: recharge-resources.com

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.

Disclaimer for Forward-Looking Information

Certain statements in this release are forward-looking statements, which reflect the expectations of management regarding Recharge's intention to continue to identify potential transactions and make certain corporate changes and applications. Forward looking statements consist of statements that are not purely historical, including any statements regarding beliefs, plans, expectations or intentions regarding the future. Such statements are subject to risks and uncertainties that may cause actual results, performance or developments to differ materially from those contained in the statements. No assurance can be given that any of the events anticipated by the forward-looking statements will occur or, if they do occur, what benefits Recharge will obtain from them. These forward-looking statements reflect managements' current views and are based on certain expectations, estimates and assumptions which may prove to be incorrect. A number of risks and uncertainties could cause actual results to differ materially from those expressed or implied by the forward-looking statements, including Recharge's results of exploration or review of properties that Recharge does acquire. These forward-looking statements are made as of the date of this news release and Recharge assumes no obligation to update these forward-looking statements, or to update the reasons why actual results differed from those projected in the forward-looking statements, except in accordance with applicable securities laws.