NOTICE OF CHANGE OF STATUS Section 11.2 NI 51-102

August 22, 2023

To: British Columbia Securities Commission

Alberta Securities Commission Ontario Securities Commission

Dear Sirs:

Subject: Foremost Lithium Resource & Technology Ltd. - Change of Status Report

As required by section 11.2 of National Instrument 51-102 – *Continuous Disclosure Obligations*, notice is hereby given that, as of August 22, Foremost Lithium Resource & Technology Ltd. ceased to be a venture issuer as a result of the listing of its common shares on NASDAQ Stock Market.

Yours truly,

"Jason Barnard"

Jason Barnard Chief Executive Officer Foremost Lithium Resource & Technology Ltd.