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June 2, 2023

British Columbia Securities Commission
Alberta Securities Commission
Ontario Securities Commission
Canadian Securities Exchange

Dear Sirs/Mesdames,

Re: Foremost Lithium Resource & Technology Ltd. (Formerly Far Resources Ltd.) – Notice of Change of Auditors

As required by National Instrument 51-102, we confirm that we have reviewed the information contained in the Notice of Change of Auditors ("the Notice") dated May 25, 2023 by Foremost Lithium Resource & Technology Ltd. (Formerly Far Resources Ltd.) and, based on our knowledge of such information at this time, we agree with the information contained in the Notice.

Yours very truly,

A handwritten signature in black ink that reads "Crowe MacKay LLP". The signature is written in a cursive, flowing style.

Crowe MacKay LLP

Chartered Professional Accountants