

Lifestyle Delivery Systems Inc. CSE : LDS OTCQX : LDSYF Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Inc. Announces a Termination of Exclusive Agreement to Amalgamate Lifestyle Delivery Systems Inc. with TransCanna Holdings Inc.

Vancouver, British Columbia, Canada, July 12, 2019, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQX: LDSYF), (Frankfurt: LD6, WKN: A14XHT) ("LDS" or the "Company") and TransCanna Holdings Inc. (CSE: TCAN, XETR: TH8) ("TransCanna") have mutually agreed to terminate the non-binding letter of intent ("LOI") dated June 28, 2019, whereby LDS and TransCanna would combine in an amalgamation transaction. After receipt from TransCanna of a request to modify the terms of the amalgamation, the Company's management determined that the proposed transaction would not be in the best interests of its shareholders and, as a result, the LOI has been terminated by mutual agreement. Neither LDS nor TransCanna has requested or provided any proprietary information to the other party, nor have they conducted any due-diligence with respect to the transaction proposed in the LOI.

The Company will continue to update the market on all events as they become relevant.

About Lifestyle Delivery Systems Inc.

Lifestyle Delivery Systems Inc. is a technology company that licenses its technology to a state-of-the-art production and packaging facility located in Southern California. The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to other forms of delivery but also superior bioavailability of cannabis constituents. Some strips will also include supplemental co-active ingredients such as nutraceuticals, vitamins and peptides. The technology provides a new way to accurately meter the dosage and assure the purity of selected product. From start to finish, the production process, based on the Company's technology, tests for quality and composition of all the ingredients used in each and every strip which results in a delivery system that is safe, consistent and effective.

About TransCanna Holdings Inc.

TransCanna Holdings Inc. is a Canadian-based company focused on providing integrated branding, transportation and distribution services, through its wholly-owned California subsidiaries, to a range of industries including the cannabis marketplace.

Lifestyle Delivery Systems Inc. Brad Eckenweiler CEO & Director

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FOR MORE INFORMATION, PLEASE CONTACT: information@lifestyledeliverysystems.com Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. In addition, marijuana remains a Schedule I drug under the United States Controlled Substances Act of 1970. Although Congress has prohibited the US Justice Department from spending federal funds to interfere with the implementation of state medical marijuana laws, this prohibition must be renewed each year to remain in effect. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.