

Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQX: LDSYF

Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Inc. Announces Highway 395 Dispensary Has Received Conditional Adult Use Permit and Fire Department Approval for the Construction of Its Dispensary on Rancho Road in Adelanto, California

Vancouver, British Columbia, Canada, April 24, 2019, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQX: LDSYF), (Frankfurt: LD6, WKN: A14XHT) ("LDS" or the "Company") is proud to announce that the Highway 395 Dispensary project has received approval for its construction plans from the San Bernardino County Fire Department. The City of Adelanto approved the addition of a Conditional Adult use permit to complement Highway 395 Dispensary's existing Medical Use permit for the dispensary, as well as delivery operations. The Conditional Adult Use permit is subject to the planning commission's approval of the construction plans. The property is owned by LDS Development Corporation and the construction will be the responsibility of Highway 395 Dispensary. Ownership of the completed project will remain an asset of LDS Development Corporation, a wholly-owned subsidiary of the Company.

The Company's CEO, Brad Eckenweiler, commented, "The addition of Adult Use to the 395 Dispensary permit will allow for both medical and recreational cannabis products to be sold at the dispensary and delivered direct to the customer. This additional permit will allow a significantly larger product line and increased revenue potential. With the ability to retail both medical and recreational products and the vertical integration of all aspects of the supply chain being controlled by LDS affiliates, Highway 395 Dispensary will be able to deliver a full spectrum of products direct to the consumer and reduce the cost of those products with the efficiencies created from a complete vertical integration from genetics to final product. That translates into significant savings to the customer and a competitive advantage in the marketplace for the LDS affiliates". The Highway 395 Dispensary project is easily visible from California Highway 395 with its daily traffic flow of over 120,000 vehicles. The intersection has a traffic light and turn lane for easy access to the proposed dispensary on Rancho Road. The plans for this project have been submitted and are awaiting approval from the planning department of the City of Adelanto.

The Company will keep shareholders apprised of its progress regarding this project.

About Lifestyle Delivery Systems Inc.

Lifestyle Delivery Systems Inc. is a technology company that licenses its technology to a state-of-the-art production and packaging facility located in Southern California. The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to any other form of delivery but also allows for inclusion of a wide spectrum of ingredients from over the counter medications to homeopathic,

nutraceutical, vitamins and supplements. The technology provides a new way to accurately meter the dosage and assure the purity of selected product. From start to finish, the production process, based on the Company's technology, tests for quality and composition of all the ingredients used in each and every strip which results in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT: <u>investor.relations@lifestyledeliverysystem.com</u> 1-866-347-5058

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The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. In addition, marijuana remains a Schedule I drug under the United States Controlled Substances Act of 1970. Although Congress has prohibited the US Justice Department from spending federal funds to interfere with the implementation of state medical marijuana laws, this prohibition must be renewed each year to remain in effect. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.