



Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQX : LDSYF

Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Inc.'s Affiliate Submits Plans for the Construction of Dispensary in Adelanto, California

Vancouver, British Columbia, Canada, March 4, 2019, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQX: LDSYF), (Frankfurt: LD6, WKN: A14XHT) (“LDS” or the “Company”) is proud to announce that on Thursday, February 28, 2019, the Company’s affiliate, Highway 395 Dispensary, filed plans with the Planning Department of the City of Adelanto for the construction of a freestanding structure for dispensary and delivery operations. The property is owned by LDS Development Corporation, a wholly-owned subsidiary of LDS (“LDS DevCo”). The construction will be the responsibility of Highway 395 Dispensary and ownership of the completed project will remain an asset of LDS DevCo.

The Company’s CEO, Brad Eckenweiler, commented, “The completion of this project represents the final step in the Company’s genetic/seed to final sale financial model. Our goal has always been to deliver pharma-grade products to customers at a price point that leaves no alternative decision – best product, best price. With this new ability, our licensee can deliver products direct to the consumer and reduce the cost of those products by nearly 200%. That translates into significant savings to the customer and a competitive advantage in the marketplace.” The Highway 395 project is easily visible from California Highway 395 with a daily traffic flow of over 120,000 vehicles. The intersection has a traffic light and turn lane for easy access to the proposed dispensary on Rancho Road. The Highway 395 Dispensary project is expected to break ground in early April 2019 with an anticipated opening in July 2019.

The Company will keep shareholders apprised of its progress regarding this project.

About Lifestyle Delivery Systems Inc.

Lifestyle Delivery Systems Inc. is a technology company that licenses its technology to a state-of-the-art production and packaging facility located in Southern California. The Company’s technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to any other form of delivery but also allows for inclusion of a wide spectrum of ingredients from over the counter medications to homeopathic, nutraceutical, vitamins and supplements. The technology provides a new way to accurately meter the dosage and assure the purity of selected product. From start to finish, the production process, based on the Company’s technology, tests for quality and composition of all the ingredients used in each and every strip which results in a delivery system that is safe, consistent and effective.

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On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler
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Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. In addition, marijuana remains a Schedule I drug under the United States Controlled Substances Act of 1970. Although Congress has prohibited the US Justice Department from spending federal funds to interfere with the implementation of state medical marijuana laws, this prohibition must be renewed each year to remain in effect. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.