



Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQX : LDSYF

Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Inc. Announces Additional Retail Stores Added to CSPA Group Inc.'s Distribution

Vancouver, British Columbia, Canada, February 11, 2019, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQX: LDSYF), (Frankfurt: LD6, WKN: A14XHT) (“LDS” or the “Company”) announces the Rêveur Live Resin (“Rêveur”) roll-out gaining further market exposure as Rise Logistics adds eight additional dispensaries to carry the Company’s Rêveur line of products:

- Home Grown Holistic - Vallejo
- Higher Elevation - Oakland
- Life Enhancement Services - Vallejo
- Green Pearl - Desert Hot Springs
- High Note West - Culver City
- High Note East - Culver City
- Fire Farms - Sacramento
- Cannabis Buyers' Club of Berkeley (CBCB) - Berkeley

The collaboration with Rise Logistics is opening doors to new retailers providing an expanded reach for the Company’s premium Rêveur products. The Company will provide brand support and educational programs for retailers on its entire product line as Rêveur expands its footprint throughout the California market.

Casey Fenwick, the newly appointed President of LDS and the person responsible for the Company’s expanded marketing relationships, stated, “The relationship we have with Rise Logistics goes a lot deeper than just the Rêveur brand. It is fantastic to see that all the hard work both teams have put into this roll-out is proving to be very successful. We are pleased that our focus on producing the quality Rêveur product line is resonating with Californians. We are very confident that the entire Rêveur line, including our flagship CannaStrips™ product, will benefit from the market and brand awareness established by this relationship”.

The Company’s CEO, Brad Eckenweiler, stated, “The benefits from the Rise Logistics relationship and Mr. Fenwick’s marketing expertise are already being felt. We are building a marketing foundation for the CSPA Group brand and all of the current products and additional products in development. The value of this market foundation will become evident in the second quarter of 2019 as the Company adds new products to expand into segments of the cannabis market currently underserved by the majority of manufacturers”. The Company will continue to update the market on all of the developments related to the growth and expansion of CSPA Group Inc.

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About CSPA Group Inc.

CSPA Group Inc. is located in Adelanto, California and is a City-permitted and State-licensed manufacturer and distributor/transporter in the California cannabis industry. CSPA Group manufactures extracted oils and distillates, as well as produces CannaStrips™ under a license agreement with Lifestyle Delivery Systems Inc., a British Columbia company.

About Lifestyle Delivery Systems Inc.

Lifestyle Delivery Systems Inc. is a technology company that licenses its technology to a state-of-the-art production and packaging facility located in Southern California. The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to other forms of delivery but also superior bioavailability of cannabis constituents. Some strips will also include supplemental co-active ingredients such as nutraceuticals, vitamins and peptides. The technology provides a new way to accurately meter the dosage and assure the purity of selected product. From start to finish, the production process, based on the Company's technology, tests for quality and composition of all the ingredients used in each and every strip which results in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.
Brad Eckenweiler
CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT:
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The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. In addition, marijuana remains a Schedule I drug under the United States Controlled Substances Act of 1970. Although Congress has prohibited the US Justice

Department from spending federal funds to interfere with the implementation of state medical marijuana laws, this prohibition must be renewed each year to remain in effect. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.