



**Lifestyle Delivery Systems Inc.**

**CSE : LDS**

**OTCQX : LDSYF**

**Frankfurt: LD6, WKN: A14XHT**

## **CSPA Group, Inc. Announces CannaStrips™ Entering the Marketplace with its First Delivery to lbs. Distribution**

Vancouver, British Columbia, Canada, January 28, 2019, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQX: LDSYF), (Frankfurt: LD6, WKN: A14XHT) (“LDS” or the “Company”) announces that its subsidiary, CSPA Group, Inc., received a purchase order from lbs. Distribution for distribution of CannaStrips™ into the California cannabis market.

CSPA Group will fill the order for its flagship product, CannaStrips™, this week. The CannaStrips™ batch has already passed state certification testing and is ready for delivery. Each package will contain ten (10) individually-sealed strips.

CSPA Group’s marketing director, Casey Fenwick, stated, “ With the extensive network of 120+ licensed retailers throughout California, we are certain that our engagement with lbs. Distribution will increase CannaStrips™ availability to a broader audience, doing so in a legal and professional manner. We are confident that the convenience, efficacy, and affordability of CannaStrips™ will be a market disruptor.”

Lifestyle Delivery Systems Inc.’s CEO, Brad Eckenweiler, stated, “This purchase order increases CannaStrips™ reach throughout the state of California and allows us to stay true to our vision of providing our customers with the highest quality cannabis products at affordable prices, while remaining legal and compliant with current state laws.”

### **About lbs. Distribution**

lbs. Distribution is dedicated to offering a wide selection of cannabis, cannabis products and accessories to licensed retailers in California. Centrally located, lbs. Distribution is able to service the entire state of California in a day. lbs. Distribution operates a fleet of climate-controlled delivery vans and has relationships with over 120 retailers and growing!

### **About Lifestyle Delivery Systems Inc.**

Lifestyle Delivery Systems Inc. is a technology company that licenses its technology to a state-of-the-art production and packaging facility located in Southern California. The Company’s technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to any other form of delivery but also allows for inclusion of a wide spectrum of ingredients from over the counter medications to homeopathic, nutraceutical, vitamins and supplements. The technology provides a new way to accurately meter the dosage and assure the purity of selected product. From start to finish,

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the production process, based on the Company's technology, tests for quality and composition of all the ingredients used in each and every strip which results in a delivery system that is safe, consistent and effective.

Lifestyle Delivery Systems Inc.  
Brad Eckenweiler  
CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT:  
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**Cautionary Disclaimer Statement:**

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. In addition, marijuana remains a Schedule I drug under the United States Controlled Substances Act of 1970. Although Congress has prohibited the US Justice Department from spending federal funds to interfere with the implementation of state medical marijuana laws, this prohibition must be renewed each year to remain in effect. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.