

Lifestyle Delivery Systems Inc. CSE : LDS OTCQX : LDSYF Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Inc.'s Affiliate, CSPA Group, Inc., Submits for Permanent California State Manufacturing License

Vancouver, British Columbia, Canada, May 04, 2018, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQX: LDSYF), (Frankfurt: LD6, WKN: A14XHT) ("LDS" or the "Company") announces that its affiliate, CSPA Group, Inc., submitted an application with required exhibits to the State of California for an annual Volatile and Non-Volatile Extraction and Manufacturing License.

CSPA Group, Inc. received an extended Temporary State Volatile and Non-Volatile Extraction and Manufacturing License from the State of California Department of Public Health Manufacturing Cannabis Safety Branch. The extended Manufacturing License expires on July 28, 2018. The temporary license will allow CSPA Group, Inc. to continue to operate while the application for an annual license is being reviewed.

During the week of April 30, 2018, CSPA Group, Inc. received 240 pounds of cannabis bio-mass to convert into distillate for cartridges. The bio-mass will be tested prior to extraction and distillation. The resulting distillate will be tested for cannabinoid and terpene content, as well as its purity. Brad Eckenweiler, CEO of LDS, stated, "This delivery of bio-mass for extraction and distillate is the beginning of commercial extraction and distillation operations." The CSPA Group, Inc. is confident that contract production of extracted products using the technology that is soon to be acquired from Quality Resources, LLC. will become a significant revenue stream for the Company in the very near future.

About Lifestyle Delivery Systems Inc.

Lifestyle Delivery Systems Inc. is a licensed, state-compliant vertically integrated cannabis-related company. From our isogenic pollination nursery to our cutting edge, state-of-the-art production facility located in Southern California, LDS has become one of the most diverse, innovative and scientifically based cannabis companies throughout North America. The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. From start to finish, the production process tests for quality and composition of all the ingredients used in each and every strip, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler CEO & Director

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Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. In addition, marijuana remains a Schedule I drug under the United States Controlled Substances Act of 1970. Although Congress has prohibited the US Justice Department from spending federal funds to interfere with the implementation of state medical marijuana laws, this prohibition must be renewed each year to remain in effect. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.