

Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQB: LDSYF

Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Inc. announces Delivery of 2nd Generation Packaging Equipment

Vancouver, British Columbia, Canada, October 5, 2017, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQB: LDSYF) and (Frankfurt: LD6, WKN: A14XHT) ("LDS" or the "Company") announces the delivery of the 2nd generation oral strip packaging equipment to LDS Scientific at the Adelanto facility.

The oral strips packaging equipment was cleared through customs at Los Angeles International Airport on Monday, October 2, 2017. LDS Scientific made arrangements for its delivery to the Adelanto facility on Tuesday, October 3, 2017, where the equipment was un-crated and positioned in the manufacturing section of the facility where the final assembly will be completed. The packaging equipment once assembled will be calibrated and integrated into the production process as the last step in the production of CannaStrips. Brad Eckenweiler, CEO of LDS, commented "The arrival of this equipment represents the final piece in the production sequence of CannaStrips. The latest version of this equipment allows for additional variations in packaging as well as increased production speed." The Company anticipates the setup and calibration to be completed early next week in preparation for the equipment's integration with the strip production equipment, which was calibrated last week using placebo material. A fully integrated production run with CannaStrips formulated material is anticipated early this month.

About Lifestyle Delivery Systems Inc.

The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking, but also a new way to accurately meter the dosage and assure the purity of the product. In addition, with the entering into its management services agreements with NHMC, Inc. and CSPA Group, Inc., the Company has begun its foray into being directly involved in the growing of medicinal ingredients for, and the manufacturing of, its products. From seed to sale, the Company's products and ingredients will be tested for quality and composition throughout the formulation and production processes, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT: investor.relations@lifestyledeliverysystem.com 1-866-347-5058

Skanderbeg Capital Advisors 604-687-7130 mario@skanderbegcapital.com

Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.