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CSE : LDS OTCQB : LDSYF

Frankfurt: LD6, WKN: A14XHT

Lifestyle Delivery Systems Certificate of Occupancy

Vancouver, British Columbia, Canada, September 19, 2017, Lifestyle Delivery Systems Inc. (CSE: LDS), (OTCQB: LDSYF) and (Frankfurt: LD6, WKN: A14XHT) ("LDS" or the "Company") announces that on September 14, 2017, the inspection approval of the CSPA Group's facility by the fire department of San Bernardino County was submitted to the City of Adelanto as the final requirement in the Certificate of Occupancy process. On September 18, 2017, Richard Kerr, the Mayor of Adelanto, handed Jerry Davis, president of CSPA Group Inc. and Brad Eckenweiler, CEO of LDS, the Certificate of Occupancy.

"All of us involved in this project owe the City of Adelanto, the City Council, the San Bernardino Fire Department, Gabriel Elliot the City Manager, Jessie Flores Head of Business Development for Adelanto, and the Mayor of Adelanto, Richard Kerr, a sincere debt of gratitude for their unwavering support and for the countless hours and their tremendous efforts in seeing this monumental task to its successful conclusion" Brad Eckenweiler, CEO of LDS, stated, "The COO represents an approval to extract, distill and manufacture at the highest, most complex levels of formulation available. We believe this facility will produce quality products at the highest level of purity in the safest laboratory environment possible." The approval of the facility in Adelanto, California will allow the LDS Scientific's (a subsidiary of LDS) team to begin operations on behalf of CSPA Group Inc. this week. The Company will be adding to the website a number of pictures of non-proprietary areas of the extraction laboratory in the facility for its shareholders.

About Lifestyle Delivery Systems Inc.

The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking, but also a new way to accurately meter the dosage and assure the purity of the product. In addition, with the entering into its management services agreements with NHMC, Inc. and CSPA Group, Inc., the Company has begun its foray into being directly involved in the growing of medicinal ingredients for, and the manufacturing of, its products. From seed to sale, the Company's products and ingredients will be tested for quality and composition throughout the formulation and production processes, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler, CEO & Director

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The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.